

# YORWERTH ASSOCIATES FOREIGN & TRANSLATION RIGHTS CATALOG + SPRING 2022

# **Nigel J. Yorwerth + Yorwerth Associates + Literary Agents** Email: nigel@PublishingCoaches.com

Representing popular titles in self-help, personal growth, business, health, parenting, gifted children, spirituality, world traditions, and select fiction and poetry

Please note that this catalog begins with our top 10 foreign rights best-sellers followed by our new titles. Our full rights catalog begins on page 7.

### TOP 10 FOREIGN RIGHTS BEST-SELLERS

- Zen and the Art of Happiness (over 250,000 sold; published in 35 foreign editions)
- Honor Yourself: The Inner Art of Giving and Receiving (published in 22 foreign editions)
- Think and Grow Rich: The Original Version, Restored and Revised, *Now fully annotated and indexed, NEW REVISED EDITION.*
- You Can Read Anyone: Never Be Fooled, Lied to, or Taken Advantage of Again
- Tao Te Ching by Stephen Mitchell (over 1 million copies sold in the U.S.)
- Find Out Who's Normal and Who's Not
- The Alcoholism and Addiction Cure
- Be Who You Want, Have What You Want
- The SuperWoman's Guide to Super Fulfillment: Step-by-Step Strategies to Create Work-Life Balance
- I've Decided to Live 120 Years: The Ancient Secret to Longevity, Vitality, and Life Transformation

# **NEW RELEASES**

# New Business Titles:

- Inclusive Intelligence: How to be a Role Model for Diversity and Inclusion in the Workplace
- How to Write a KILLER LinkedIn Profile... and 18 Mistakes to Avoid
- Risk It! How to Use Your Intuition to Revolutionize Risk Taking
- Persuade: How to Persuade Anyone about Anything
- 5 Conversations: How to Transform Trust, Engagement and Performance at Work
- Called to Lead: Success Strategies for Women
- Knock It Out of the Park: The ABC's of Entrepreneurial Success
- Secrets of Successful Sales
- The Profit Secret: How to Sell More at a Higher Margin
- Play the Game: How to Win in Today's Changing Environment
- This Is Your Moment: Find and Follow Your Unique Path in Life and Your Business

- People Power: Transform Your Business in the Era of Safety and Wellbeing
- Becoming a 3D CEO: The Ultimate Guide to Unleashing Your Inner Leader
- The Thoughtful Leader: How to Use Your Head and Your Heart to Inspire Others
- Business Is Personal: Be the Leader of Your Life and Business
- Dare to Scale: How to Grow Your Business Gracefully
- More to Give: Stepping into Your New Life at Any Age
- The Inner CEO: Unleashing Leaders at All Levels
- The Step-Up Mindset for Senior Managers
- Achieve Beyond Expectations: Master the 5 Intangibles to Make the Impossible, Possible!
- Rise to Success: The Secret Power of Your Brain to Change Your Life
- The Influencer Code: How to Unlock the Power of Influencer Marketing
- Breaking Ceilings: Your Company's Blueprint for Achieving True Sustainable Growth
- Be a Network Marketing Millionaire: Proven Stepby-Step Formulas to Achieve Your Dream Life Faster

## New Self-Help:

- When You're Falling, Dive: Lessons in the Art of Living
- Making Peace with Death and Dying: A Practical Guide to Liberating Ourselves from the Death Taboo
- Kung Fu Everyone's Invited: 8 Smart Self-Defence Techniques You Must Know

The Resilient Warrior: Battle-Tested Life Hacks for Military Men & Women

- Inclusive Intelligence: How to be a Role Model for Diversity and Inclusion in the Workplace
- Resilience: How We Find New Strength in Times of Stress
- The Charisma Factor: Unlock the Secrets of Magnetic Charm and Personal Influence in Your Life
- Finding Hope: The 12 Keys to Healing Hardship, Hurt & Sorrow
- Say It Now! Say It Right! How to Handle Tough or Tender Conversations
- Supermindful: How to Tap into Your Creativity
- A Life Without Fear: How to Release Your Depression and Anxiety
- Go Far: How Endurance Sports Help You Win At Life
- Totally Real: A Blueprint to Reboot Your Life
- Smash It! The Art of Getting What YOU Want
- Warrior's Book of Virtues: A Field Manual for Living Your Best Life
- Transform Through Travel: Connecting Across Cultures
- Meditation for Life: How Mind Training Improves Relationships, Career, Health and Happiness
- Gorgeous! How to Look and Feel Fantastic Every Day
- Water Up Fire Down: An Energy Principle for Creating Calmness, Clarity, and a Lifetime of Health
- Say Goodbye to Plastic: A Survival Guide for Plastic-Free Living

Bright Green Lies: How the Environmental Movement Lost Its Way and What We Can Do About It

- PS I Love Me: 12 Steps for a Self-Love Transformation
- Expat Wife, Happy Life! The Journey of a Serial Expat
- Unattended Sorrow: Recovering from Loss and Reviving the Heart *(by bestselling author Stephen Levine)*
- Making Peace with Death and Dying: A Practical Guide to Liberating Ourselves from the Death Taboo
- The Red Thread: The Everlasting Invisible Connections Between Us
- Small Happiness & Other Epiphanies
- A Beautiful Morning: How a Morning Ritual Can Feed Your Soul and Transform Your Life
- Raising Will: Surviving the Brilliance and Blues of ADHD
- Deep Coaching: Using the Enneagram as a Catalyst for Profound Change
- Deep Living with the Enneagram: Recovering Your True Nature (Revised and Updated)
- Connect: How to Find Clarity and Expand Your Consciousness with Pineal Gland Meditation
- Life's in Session! You Only Live Once: Inspiration for a Changing World
- Life's in Session! For Breakup & Divorce: Principles to Let Go and Live Now
- Life's in Session! New Year's Goals: 99 Ways to Accomplish Your New Year's Goals
- Love Is Action: How to Change the World with Love

The Power of Being Different

Awesome Success Principles

An All-Consuming to Succeed

# <u>New Environmental</u>

Earth, My Dearest: Inspirations on Nature, Conservation, Sustainability and Stewardship

# New Spirituality / Body, Mind, Spirit:

That Was Zen, This Is Tao

- Sacred Sendoffs: An Animal Chaplain's Advice for Surviving Animal Loss, Making Life Meaningful, and Healing the Planet
- A Temporary Affair: Talks on Awakening and Zen
- Waking Up to the Dark: The Black Madonna's Gospel for an Age of Extinction and Collapse
- Fundamentals of the Process of Spiritual Perfection: A Practical Guide
- My Journey Through Time: A Spiritual Memoir of Life, Death, and Rebirth
- Rukmini and the Turning of Time: The Dawn of an Era
- The Untold Story of Sita: An Empowering Tale for our Time
- When the Bright Moon Rises: The Awakening of Ancient Memories
- Eye of the Heart: A New Translation with Selected Letters
- The Religion of Man: International Edition by Rabindranath Tagore
- Radical Loving: One God, One World, One People
- Animal Sutras: Animal Spirit Stories (by bestselling author Stephen Levine)
- The Shaman's Mind: Huna Wisdom to Change Your Life

- Sex Death Enlightenment: A True Story (new edition of international bestseller)
- The Book of Householder Koans: Waking Up in the Land of Attachments
- Reincarnation: The Phoenix Fire Mystery: An East-West Dialogue on Death and Rebirth from the Worlds of Religion, Science, Psychology, Philosophy
- Mystical Courage: Commentaries on Selected Contemplative Exercises by G. I. Gurdjieff
- The Garden of Flowers and Weeds: A New Translation and Commentary on the Blue Cliff Record
- All Roads Lead to Ram: The Personal History of a Spiritual Adventurer by Sruti Ram

Grace: A Sacred Journey

Vocal Medicine: Transformation through Sound

Flower Symbols: Discover the Meaning of Flowers in Folklore, Religion and Popular Culture

- H.P.B. The Extraordinary Life & Influence of Helena Blavatsky, Founder of the Modern Theosophical Movement by Sylvia Cranston
- Gandhi @ 150: Celebrating the Mahatma's Relevance Today
- The Illusion of Life and Death: Mind, Consciousness, and Eternal Being
- Mystery of Death: Awakening to Eternal Life
- Enlightened Contemporaries: Francis, Dōgen, and Rūmī: Three Great Mystics of the Thirteenth Century and Why They Matter Today
- The World of Religions
- Living Hinduism: Scriptures, Philosophy, Practices

Spirit of the Indian Warrior

Black Elk, Lakota Visionary

- Devas and Nature Spirits: and How to Communicate with Them
- Soul Life of Animals: Love, Consciousness, and the Human-Animal Relationship
- Hildegard of Bingen: Scientist, Composer, Healer and Saint (beautifully illustrated children's book)
- Leonardo and the Twelve Stones (analyzes for the first time the symbolism of the 12 precious stones in Leonardo da Vinci's Last Supper)

### New Health:

- First Steps 2 Keto: Getting Started with a Ketogenic Lifestyle
- A User's Guide to the Human Body: Stuff We Needed to Know but Were Never Told
- Living with Kidney Stones: Complete Guide to Risk Factors, Symptoms & Treatment Options
- The Alzheimer's Revolution: An Evidence-Based Lifestyle Program to Build Cognitive Resilience and Reduce Your Risk of Alzheimer's Disease
- The Vegan Athlete Nutritional Handbook
- The 100-Year Golfer: 7 Arts for a Lifetime with the Game
- Gut Well Soon: A Practical Guide to a Healthier Body and a Happier Mind
- Antidepressed: A Breakthrough Examination of Epidemic Antidepressant Harm and Dependence
- One Body One Life: Don't Screw It Up!
- The Nature of Breathing: Posture, Mindfulness, Awareness, Yoga
- Breathe Golf: The Missing Link to a Winning Performance

Play Golf Forever: A Physiotherapist's Guide to Golf Fitness and Health for the Over 50s

Play Tennis Forever: A Physiotherapist's Guide to Keeping Fitter, Younger and Healthier

The Five Elements of Healing: A Practical Guide to Making Sense of Your Symptoms

The Fiber Effect: Stop Counting Calories and Start Counting Fiber for Better Health

Be Heart Smart: Understand, Treat, and Prevent Coronary Heart Disease

The Green Elephant: The Healthcare Provider's Essential Guide to Understanding and Addressing Medical Cannabis and CBD

Got Testosterone?: Men—Return to the Sexier, Stronger, Smarter You!

Reverse Depression Naturally: Alternative Treatments for Mood Disorders, Anxiety and Stress

Exercises for Parkinson's Disease: The Complete Fitness Guide to Improve Mobility, Strength and Balance

Exercises for Sciatica: A Simple & Effective Self-Care Program for Pain Relief & the Treatment of Sciatica

101 Best Pyramid Training Workouts101 Best Rowing Workouts

Pilates for Athletes

Living with Endometriosis Workbook and Daily Journal

The Complete Hummus Cookbook: Over 100 Recipes—Vegan-Friendly

A Kitchen Well-Travelled (Sri Lankan recipes)

Edward Bach and Your Evolutionary Purpose

# New Parenting / Gifted Children:

Boosting Your Child's Natural Creativity

- ABCs of Raising Smarter Kids: Hundreds of Ways to Inspire Your Child
- Being Smart about Gifted Learning: Empowering Parents and Kids through Challenge and Change

Serving the Needs of Your Smart Kids: How School Leaders Create a Supportive School Culture for the Advanced Learner Paperback

Bright, Talented, and Black: A Guide for Families of Black Gifted Learners

Insight into a Bright Mind: A Neuroscientist's Personal Stories of Unique Thinking

The Warrior Workbook: A Guide for Conquering Your Worry Monster

The Spark to Your Success: Helping Teens Build Resilience

The Spark to Your Success: Mindset Magic for Teens

Turn On the Power: How School is Limiting Your Child's Potential and What to Do About It

5 Levels of Gifted: School Issues and Educational Options

Some of My Best Friends Are Books: Guiding Gifted Readers (3rd edition)

Smart Girls in the 21st Century: Understanding Talented Girls and Women

Creating and Consuming Media Messages with Purpose: A Guide for Educators

Understanding Creativity

On Gifted Elders: Awareness, Aspirations, Advocacy

### New Gift Books / Quotations:

- The Angler's Book of Favorite Fishing Quotations: An Inspired Collection of Wit and Wisdom for Those Who Love to Fish
- The Book of Chinese Proverbs: A Collection of Timeless Wisdom, Wit, Sayings & Advice
- The Golfer's Book of Wit & Wisdom: The Complete Collection of Golf Jokes, One-Liners & Witty Sayings
- The Joy of Fitness: An Inspiring Collection of Motivational Quotations

A Mother's Love: An Inspired Collection of Quotations Celebrating Motherhood

### New Children's / Young Adult Fiction:

#### Children's books by Cao Wenxuan, the acclaimed Hans Christian Andersen award-winning author:

- Dingding & Dangdang Series: Brothers
- Wawa the Wonder Series: Volume 1
- Summer
- Smoke

Daisy Finds Her Smile (children's)

Spirit of the Cheetah: A Somali Tale (Wisdom Tales, children's)

- A Peacemaker for Warring Nations: The Founding of the Iroquois League (Wisdom Tales, children's)
- Guru Nanak: First of the Sikhs (Wisdom Tales children's)
- Little Bear: An Inuit Folktale (Wisdom Tales, children's)
- The Clever Wife: A Kirgyz Folktale (Wisdom Tales, children's)

Zen and the Ten Oxherding Pictures (Wisdom Tales, children's)

Weeping Under This Same Moon (award-winning young adult)

The Twelfth Stone (young adult)

A Free Woman On God's Earth: The True Story of Elizabeth "Mumbet" Freeman, The Slave Who Won Her Freedom (children's)

Blanket of Stars (illustrated children's book)

Billy Budd in the Breadbox: The Story of Herman Melville and Eleanor (with illustrations)

Thirty-Five Days to Baltimore

The Adventures of Charlie & Moon (children)

Feelings Can Be Friends (children's)

Hank the Hungry Monster (children's)

Trixie the Treat Monster (children's book)

Shiva (children's book)

A Shepherd Boy on the Road to Damascus: How a Boy's Generous Heart Forever Transformed a Town in Syria (children's book)

Lolo's Superpower (children's book)

White Crane, Lend Me Your Wings: A Tibetan Tale of Love and War

The Lacquered Curtain of Burma

# New Memoir:

Opening Little Boxes (beautifully written series of reflections by three generations of a family living in one home during the COVID-19 lockdown)

Vineyard Virgins: The Unexpurgated Memoir of a Passionate Pioneer Winegrower

Red Dust Over Shanghai

Nigel J. Yorwerth • Yorwerth Associates • Foreign and Translation Rights Catalog • Page 6 www.PublishingCoaches.com • Email: nigel@publishingcoaches.com Mansfield with Monsters: The untold stories of a New Zealand icon by Katherine Mansfield

#### New Poetry:

I'll Fly Away Dead Dad Jokes Born in a Second Language You Better Be Lightning (from one of the most celebrated poets and performers of the last two decades) So, Stranger

> Continue below for more popular books from Yorwerth Associates >>

# **OTHER YORWERTH ASSOCIATES TITLES BY CATEGORY**

#### **SELF-HELP**

- Zen and the Art of Happiness (over 250,000 sold)
- Honor Yourself: The Inner Art of Giving and Receiving

Think and Grow Rich: The Original Version, Restored and Revised. *Fully annotated and indexed. NEW REVISED EDITION. By Napoleon Hill, compiled by Ross Cornwell* 

100 Great Events that Changed the World

Seven Steps to Inner Power: How to Break Through to Awesome

- How to Hug a Porcupine: Easy Ways to Love the Difficult People in Your Life
- I've Decided to Live 120 Years: The Ancient Secret to Longevity, Vitality, and Life Transformation

Mindfulness in Nature

I Am the Mind: The Master Key to Achieve Anything You Want (over 100,000 copies sold)

Live Passionately: The Blueprint to Design a Life Truly Worth Living

- The Rewired Life: Creating a Better Life through Self-Care and Emotional Awareness
- The Rewired Life Workbook: A Manual for Wellness

The Happiness Manual: 21 Ways to Stay Happy No Matter What

- Transforming Everyday Conflict: Tools, Tips and Roadmaps to Better Communication and Stronger Relationships
- The SuperWoman's Guide to Super Fulfillment: Step-by-Step Strategies to Create Work-Life Balance
- 30 Days to Happiness: Daily Meditations and Actions for Finding True Joy within Yourself
- Stop Stalling and Start Writing: Kick the Excuses and Jumpstart Your Nonfiction Book
- The Kindness Quotient: How the Power of Kindness Creates Success at Home, At Work and in the World
- How Much of Yourself Do You Own? A Process for Building Your Emotional Resources
- Listening for Well-Being: Conversations with People Not Like Us

- Great Stories by Nobel Prize Winners
- The World's 100 Greatest Speeches
- 100 Great Events That Changed the World
- 52 Questions for Friends: Learn More about Your Friends One Question at a Time
- 52 Questions for Relationships: Learn More about Your Relationship One Question at a Time
- 52 Questions for Families: Learn More about Your Family One Question at a Time
- Are We Happy Yet? Eight Keys to Unlocking a Joyful Life
- Digging Deep: Unearthing Your Creative Roots through Gardening
- The Power Brain: Five Steps to Upgrading Your Brain Operating System
- The Brain Power Classroom
- The Joy of Me: The Art of Being Selfish
- How to Get to Awesome: 101 Ways to Find Your Best Self
- Everyday Happiness Mantras: Maps to the Happiness Quotient
- 5 Break-Free Truths: Discover Your Potential and Achieve Extraordinary Success
- Aging with Wisdom
- Live the Best Story of Your Life
- Be Positive, Think Positive
- The World's Most Inspiring Thoughts
- It's All a Matter of Attitude
- Aspire Before You Expire: A World-Class Manual on Why & How to Pursue Your Dreams

Be Happy and Live Long: Manage your Stress and Time, Happily!

- Living Tao: Timeless Principles for Everyday Enlightenment
- The Law of Attraction: Making It Work for You
- A Quantum Life: Using Mysteries of Science to Create the Life You Want
- Connecting: Rewire Your Relationship-Culture
- Women: Where Would the World Be without You?
- Secrets of Health and Happiness
- Successful Survivors: The 8 Character Traits of Survivors and How You Can Attain Them
- The Laws of Love: Creating the Relationship of Your Dreams
- Happy Together: Creating a Lifetime of Connection, Commitment, and Intimacy
- Find Out Who's Normal and Who's Not
- You Can Read Anyone: Never Be Fooled, Lied to, or Taken Advantage of Again
- The Alcoholism and Addiction Cure
- Be Who You Want, Have What You Want
- The Light Process: Living on the Razor's Edge of Change
- How to Love Your Kids More than You Hate Your Ex
- Manners that Matter Most: The Easy Guide to Etiquette At Home and In the World
- The Secret Strength of Angels: 7 Virtues to Live By
- You Are Woman, You Are Divine: The Modern Woman's Journey Back to the Goddess

- Keys: The Secret to a Happy and Regret-Free Life
- A Fistful of Love: Wisdom and Humor from a Monk's Bowl
- 100 Inspiring Stories to Uplift Your Life
- Coming into Your Own: A Woman's Guide through Life Transitions
- The Write Way: Becoming a Successful Writer
- Reclaiming the Wild Soul: How Earth's Landscapes Restore Us to Wholeness
- Love and Happiness: Eros According to Dante, Shakespeare, Jane Austen, and the Rev. Al Green
- Peace in Our Hearts, Peace in the World
- Change: Realizing Your Greatest Potential
- Read Yourself, Read Others: Recognize the Right Partner at First Sight
- Fly like a Dragon: 108 Tao Principles to reach Your Goals
- Effortless Meditation (not Indian subcontinent)
- Psychology & the Perennial Philosophy
- Death as Gateway to Eternity
- The Compassionate Warrior
- The Meditation Lifestyle: Going Beyond the Practice
- As We Grieve
- 5 Steps to a Quantum Life: How to Use the Astounding Secrets of Quantum Physics to Create the Life You Want

Give Wings to Your Dreams

5 Minutes a Day Dream-Action Path

Fulfill Your Soul's Purpose

Brain Wave Vibration

- Principles of Brain Management: A Practical Approach to Making the Most of Your Brain
- In Full Bloom: A Brain Education Guide for Successful Aging
- Stop the Fear: Finding Peace in a Chaotic World
- The Little Book of Secrets: Gentle Wisdom for Joyful Living
- Hang in 'Til the Miracle Happens
- Follow Your Feelings
- Make Your Heart Sing
- Encyclopedia of Numerology: The Mysteries of Numbers Revealed by the Ancient Masters

### **BUSINESS**

- Think and Grow Rich: The Original Version, Restored and Revised, Now fully annotated and indexed NEW REVISED EDITION (2015). By Napoleon Hill, Compiled by Ross Cornwell
- Top Visionaries Who Changed the World: Featuring Steve Jobs, Bill Gates, Mark Zuckerberg, Warren Buffett, Elon Musk, Oprah Winfrey, Tony Robbins, Richard Branson & Arnold Schwarzenegger

#### Also sold as separate books:

Jack Ma: Success Secrets Steve Jobs: Success Secrets Bill Gates: Success Secrets Mark Zuckerberg: Success Secrets Warren Buffett: Success Secrets Elon Musk: Success Secrets

- CEO Tools 2.0: A System to Think, Manage, and Lead Like a CEO
- Buddha at Work: Finding Balance, Purpose and Happiness at Your Workplace
- The Million Dollar Decision: Get Out of the Rigged Game of Investing and Add a Million to Your Net Worth

Raise the Bar, Change the Game: A Success Primer for Budding Entrepreneurs Who Want to Change the World

Small Mistakes, Big Consequences: Develop Your Soft Skills to Help You Succeed

- Emotional Poverty in All Demographics: How to Reduce Anger, Anxiety, and Violence in the Classroom
- Brand Intimacy: A New Paradigm in Marketing
- Faster, Smarter, Higher: Managing Your Career

MBA through Stories: The Art of Effective Management through 44 Effective Stories

It's OK to Be Rich: The Entrepreneur's Guide to Increased Wealth and Personal Mastery

Workplace Stability: Creating Conditions That Lead to Retention, Productivity, and Engagement in Entry-Level Workers

Dissolve the Box: Don't Just Think Out of the Box

Stop the Saboteurs: Conquer Negative Thoughts that Hurt Your Revenue and Your Brand

The Science of Sales

It's All About Millimeters: How Small Changes Can Make a Big Impact in Your Business and Your Life

Business Balance & Beyond

The Problem with Money? It's Not About the Money—Mastering the Unexamined Beliefs That Drive Our Financial Lives

What It Takes to Be an Entrepreneur

Power, Passion, and Purpose: 7 Steps to Energizing Your Life

#### **HEALTH**

- The Five Elements of Healing: A Practical Guide to Making Sense of Your Symptoms
- Stress Solutions for Pregnant Moms: How Breaking Free from Stress Can Boost Your Baby's Potential
- Don't Hold Your Breath: A Guide to Good Breathing
- Good Health, Good Life with Tao
- Never Grow Old: Living Healthy and Staying Young with Tao Principles

Healing Multiple Sclerosis: Diet, Detox & Nutritional Makeover for Total Recovery

Your Natural Medicine Cabinet: A Practical Guide to Drug-Free Remedies for Common Ailments

Yoga for Diabetes

Mental Health Emergencies

- The Parkinson's Playbook: A Game Plan to Put Your Parkinson's on the Defense
- Reverse Heart Disease Naturally: The Step-by-Step Guide

Reverse Inflammation Naturally

Reverse Alzheimer's Disease Naturally: Alternative Treatments for Dementia including Alzheimer's Disease

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- Reverse Thyroid Disease Naturally
- Don't Diet! 50 Habits of Thin People
- Belly Button Healing: Unlocking Your Second Brain for a Healthy Life
- The Teenage Body Book
- Obesity Prevention for Children
- The Other Side of Bipolar
- The Aromatic Dog: Essential oils, hydrosols, & herbal oils for everyday dog care
- Healthy Dogs, Your Loving Touch: Acupressure Massage for Your Dog
- Living with Metabolic Syndrome: The Complete Guide to Risk Factors, Prevention, Symptoms and Treatment Options
- Osteopathy for Children: Holistic and Natural Treatments for the Developing Infant, Toddler & Growing Child
- Reverse Gut Diseases Naturally: The Step-by- Step Guide
- What to Know Before Seeing Your Pediatrician
- The Oxygen Revolution: Hyperbaric Oxygen Therapy – Breakthrough Gene Therapy for traumatic Brain Injury & Other Disorders
- The Dry Eye Remedy: The Complete Guide to Restoring the Health and Beauty of Your Eyes
- To Our Health: A Gluten Free/Dairy Free, Nutrient Dense, Proper Food-Combining, Whole Foods Guide to a Lifestyle of Wellness
- Standing, Sitting, Walking, Running: How Your Posture Affects Your Mind

The Power of Posture

- Rewired: A Bold New Approach to Addiction and Recovery (more than 40,000 copies sold)
- The Rewired Life: Creating a Better Life through Self-Care and Emotional Awareness
- The Rewired Workbook: A Manual for Addiction Therapy
- The Rewired Coloring Book
- Malibu Beach Recovery Diet Cookbook: Quick and Tasty Recipes to Help Break the Cycle of Alcoholism and Addiction
- Natural Pregnancy: Practical Medical Advice and Holistic Wisdom for a Healthy Pregnancy and Childbirth
- The Oxygen Revolution: Hyperbaric Oxygen Therapy
- So You Want to Live to Be 100? The No Pill Cure for High Cholesterol
- Food Fix: Ancient Nourishment for Modern Hunger (food addiction)
- Never Grow Old: Living Healthy and Staying Young with Tao Principles
- Energy Healing for Everyone: A Path to Wholeness Awakening

#### **HEALTHY COOKING**

- The Candida Cure Cookbook: Delicious Recipes to Reset Your Health & Restore Your Vitality
- The Dirty Vegan Cookbook: Your Favorite Recipes Made Vegan
- Vegan Challenge: The 30-Day Program for Eating Healthier and Improving Your Diet with Vegan Foods

The Mamma Mia! Diet: The Secret Italian Way to Good Health (Eat Pasta, Enjoy Wine & Lose Weight)

# **GIFT BOOKS / QUOTATIONS**

- The Joy of Friendship: A Thoughtful and Inspiring Collection of 200 Quotations
- Cowboy Wisdom: Over 200 Quotes about the Old West
- An Old-Fashioned Christmas: Favorite Yuletide Quotes and Traditions

A Garden of Inspiration: Quotations for Lovers of Gardening and Growing

52 Questions for Friends: Learn More about Your Friends One Question at a Time

- 52 Questions for Relationships: Learn More about Your Relationship One Question at a Time
- 52 Questions for Families: Learn More about Your Family One Question at a Time

Great Stories by Nobel Prize Winners

Celebrate Love: A Romantic Collection of Wedding Day Quotes

- Ins*bear*ations: Warm and Wise Words of Encouragement
- 100 Great Events that Changed the World

Celebrate Love: A Romantic Collection of Wedding Day Quotes

Thinking Aloud: A Selection of Original Inspirational Quotes

- When I Look to the Sky: A Collection of Quotes, Poems, and Prayers for Loss, Grief, and Healing
- Reel Wisdom: More than 500 Inspirational Quotes for Movie Lovers

The Book Lover's Treasury of Quotations

The Cat Lover's Quotation Book

The Dog Lover's Quotation Book

Successful Philanthropy: How to Make a Life by What You Give

## **PARENTING / GIFTED CHILDREN**

A Parent's Guide to Gifted Children

- Misdiagnosis and Dual Diagnoses of Gifted Children and Adults: ADHD, Bipolar, OCD, Asperger's, Depression, and Other Disorders (2nd Edition)
- Waves of Healing: How Surfing Changes the Lives of Children with Autism
- Perfectionism: A Practice Guide to Managing "Never Good Enough"
- This Way Is Easier, Dad: How My Daughter Saved Me from Growing Up
- Bust Your Buts: Tips for Teens Who Procrastinate
- Perfectionism: A Practice Guide to Managing "Never Good Enough"

Make Your Worrier a Warrior: A Guide to Conquering Your Child's Fears

- Living with Intensity: Understanding the Sensitivity, Excitability, and the Emotional Development of Gifted Children, Adolescents, and Adults
- Searching for Meaning: Idealism, Bright Minds, Disillusionment, and Hope (on gifted children and adults)
- Dabrowski's Theory of Positive Disintegration (one of the most influential theories in gifted education)

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Easy Meals for Happy Toddlers

The Mommy MD Guide to Surviving Morning Sickness

Mommy MD Guide to Getting Your Baby to Sleep

The Mommy MD Guide to Pregnancy and Birth

The Mommy MD Guide to Your Baby's First Year

The Mommy MD Guide to the Toddler Years

The Mommy MD Guide to Losing Weight and Feeling Great

The Mommy MD Guide to Twins, Triplets and More: More than 200 tips that 12 doctors who are also mothers of multiples use to raise their own twins, triplets & more

The Mommy MD Guide to Feeding Your Baby Right

Stress Solutions for Pregnant Moms: How Breaking Free from Stress Can Boost Your Baby's Potential

### **SOCIAL ISSUES / EDUCATION**

A Framework for Understanding Poverty: For Educators, Policymakers, Employers, and Service Providers (1.8 million copies sold)

Bridges Out of Poverty: Strategies for Professionals and Communities

Bridges to Sustainable Communities: A Systemwide Cradle-to-Grave Approach to Ending Poverty

Getting Ahead in a Just Getting'-By World: Building Your Resources for a Better Life Facilitator Notes for Getting Ahead in a Just Getting-By World: Building Your Resources for a Better Life

Working with Students—Discipline Strategies for the Classroom

Working with Parents: Building Relationships for Student Success

Tactical Communication: Mastering Effective Interactions with Citizens of Diverse Economic Backgrounds (First Responder Edition)

Research-Based Strategies: Narrowing the Achievement Gap for Under-Resourced Learners

### **CHILDREN and YOUNG ADULT**

So You Want to Know about the Environment

The Rock Maiden

Talking to God: Prayers for Children from the World's Religions

Ocean Friends: A Journey beneath the Sea

Gifts from the Enemy (For children ages 8-12, a moving story about Nazi concentration camp teen survivor Alter Wiener)

Tibetan Tales from the Top of the World

Tibetan Tales for Little Buddhas

When Animals Were People

Sorcerers: A Novel by Jacob Needleman

### **GREEN LIVING**

Mindfulness in Nature

- Order of the Sacred Earth: An Intergenerational Vision of Love and Action (Coauthor Matthew Fox)
- Backyard Farming: Homesteading The Complete Guide to Self-Sufficiency

#### **SPIRITUALITY**

Tao Te Ching by Stephen Mitchell

- The Second Book of the Tao by Stephen Mitchell
- In Harmony with the Tao: A Guided Journey into the Tao Te Ching (Francis Pring-Mill and Stephen Mitchell)
- Spiritual Rebel: The Positively Addictive Guide to Finding Deeper Perspective and Higher Purpose

How I Found God in Everyone and Everywhere: (Never-before-published journeys and discoveries by 12 leading spiritual writers and teachers, including Deepak Chopra, Richard Rohr, Matthew Fox, Rupert Sheldrake, Cynthia Bourgeault, and others)

The Dalai Lama Book of Quotes

Questions for the Dalai Lama: Answers on Love, Success, Happiness, & the Meaning of Life

- Spirit of the Earth: Indian Voices on Nature
- The Heart of the Goddess: Art, Myth and Meditations of the World's Sacred Feminine
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