



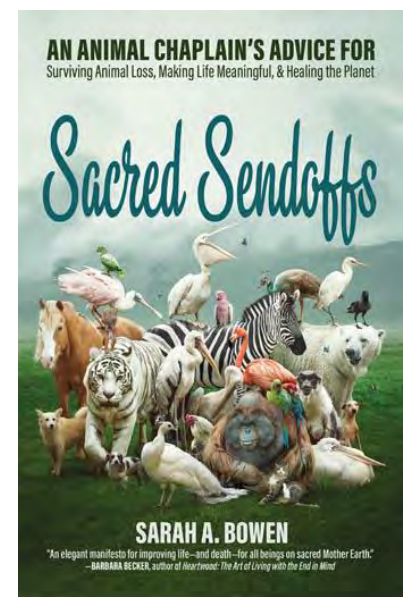
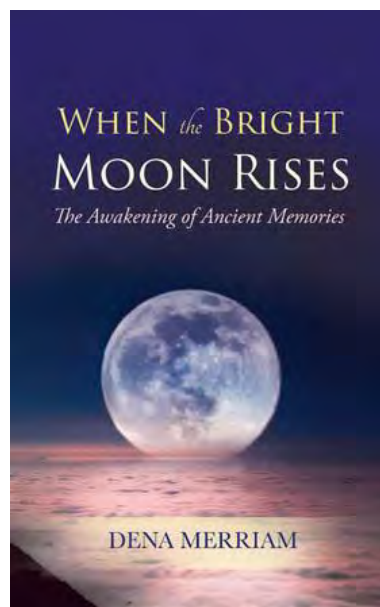
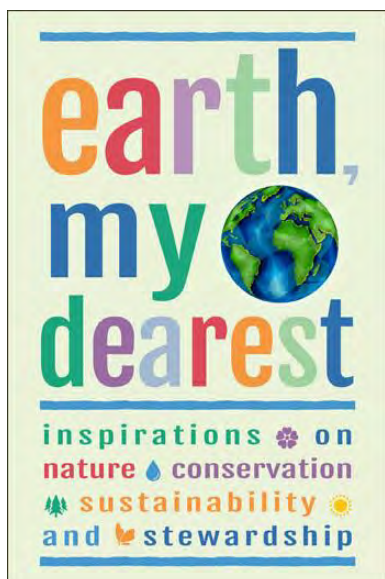
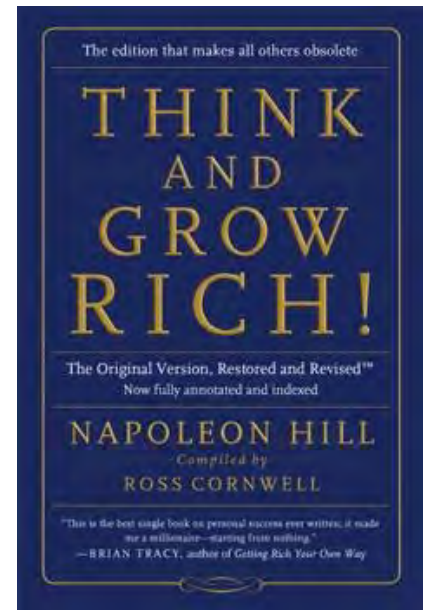
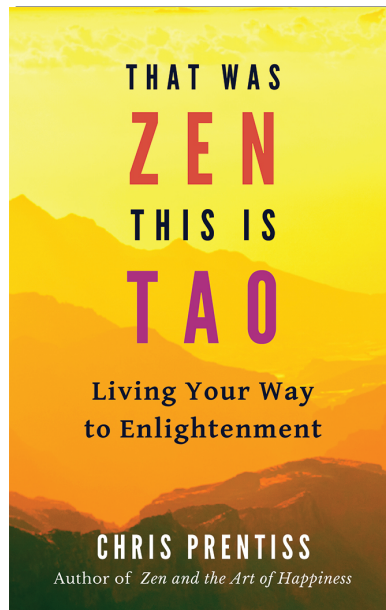
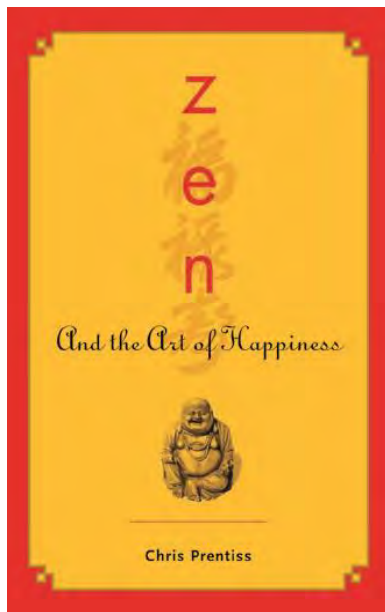
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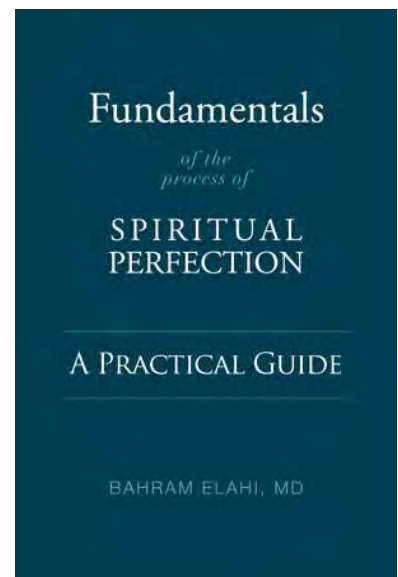
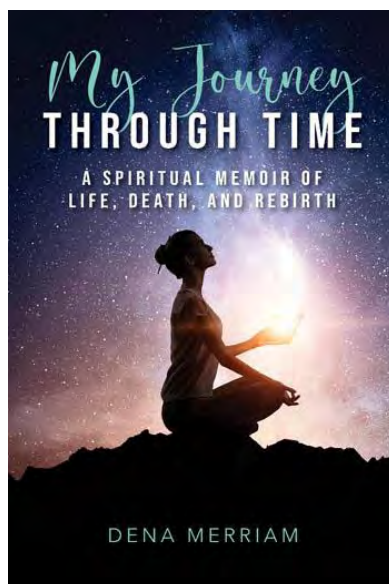
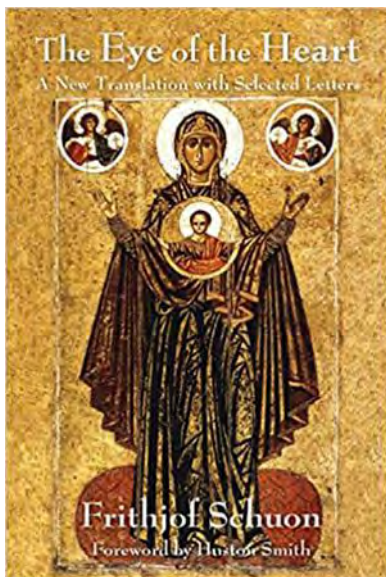
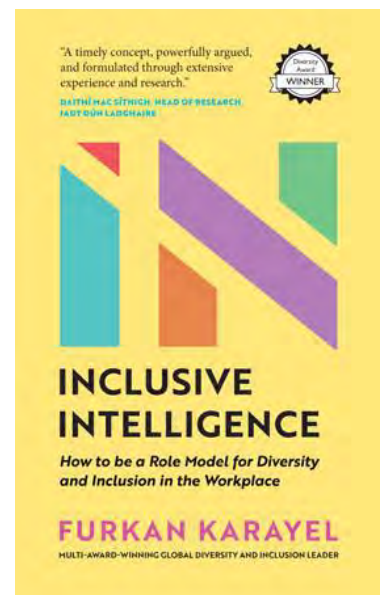
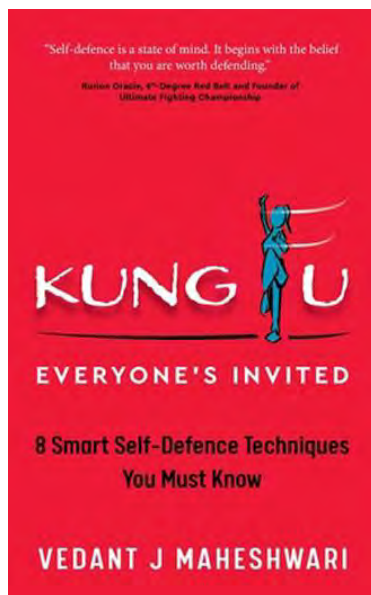
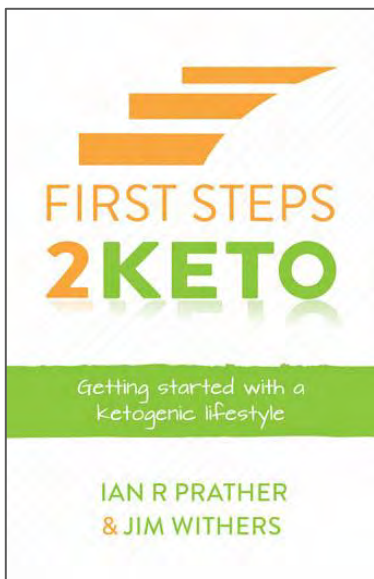
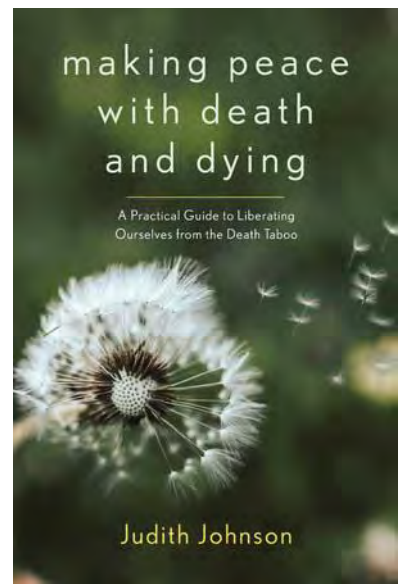
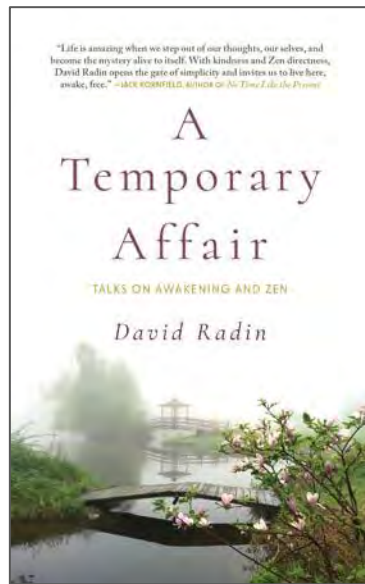
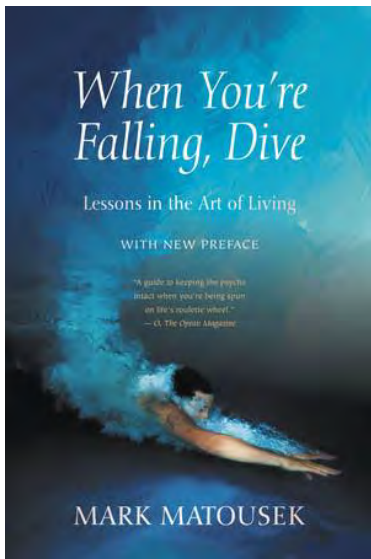
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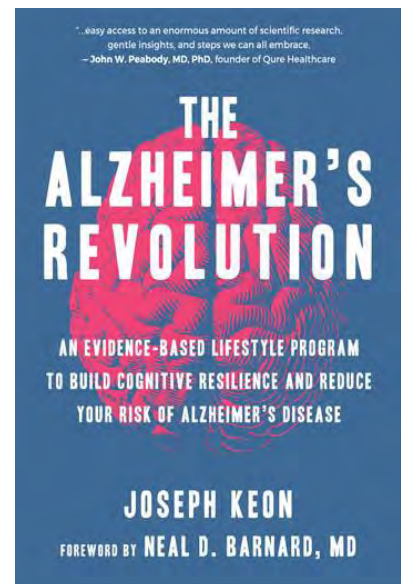
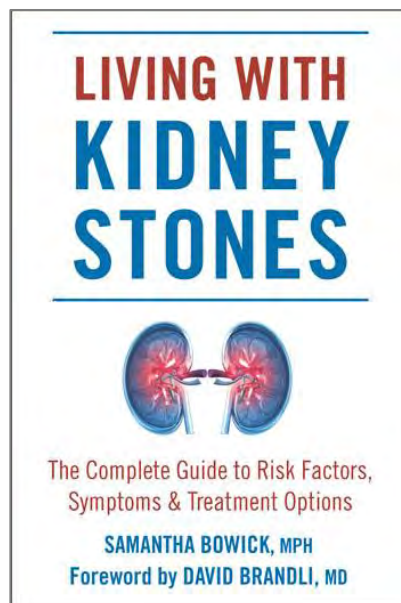
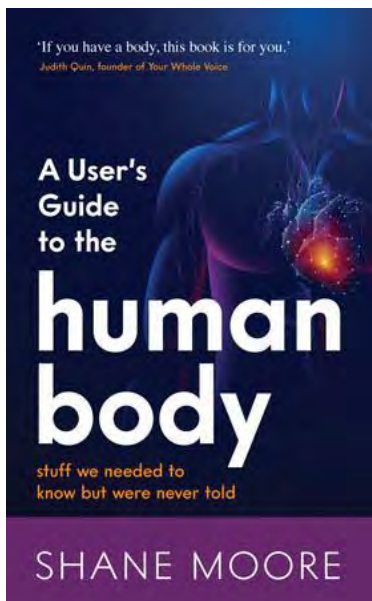
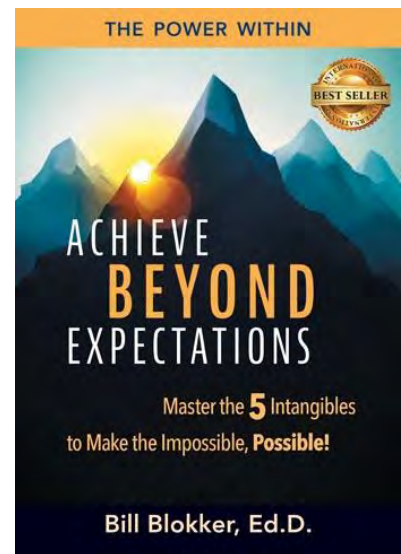
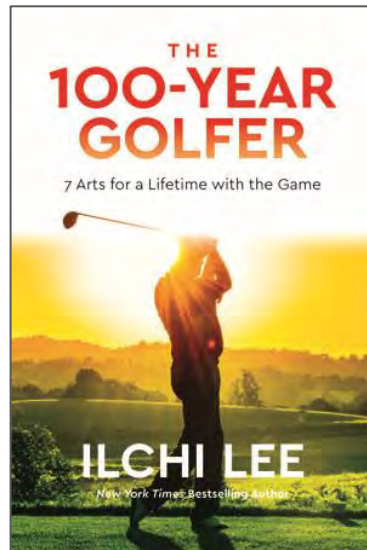
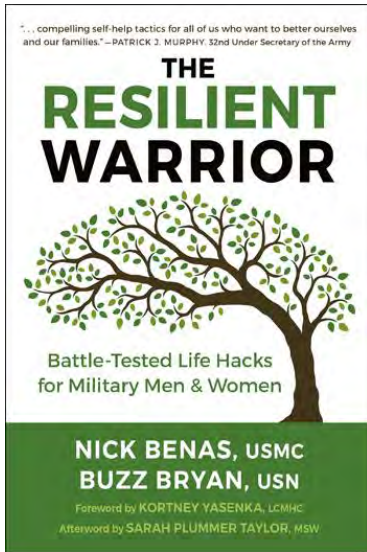
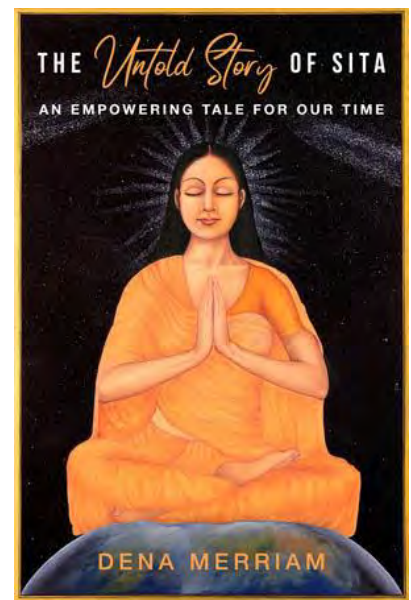
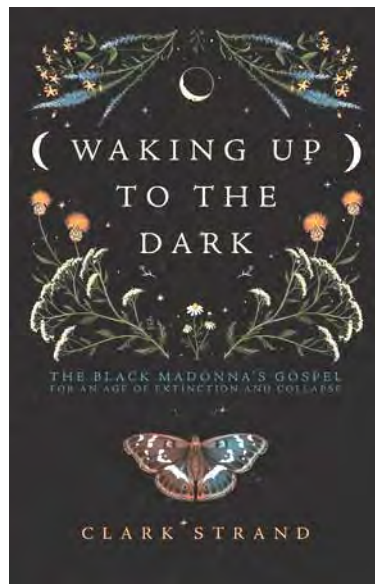
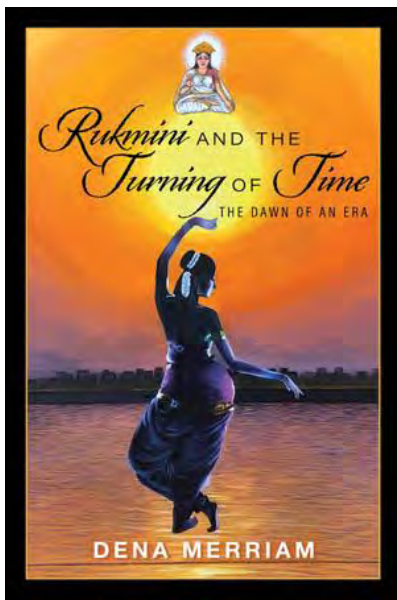
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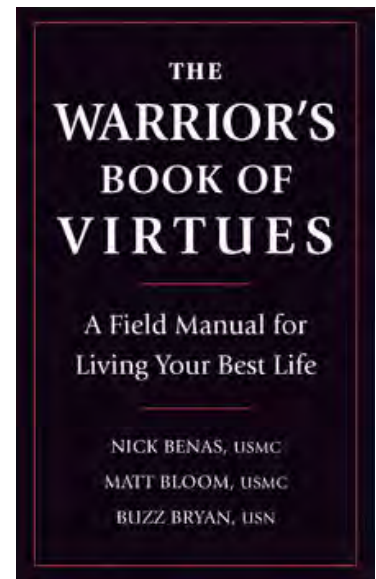
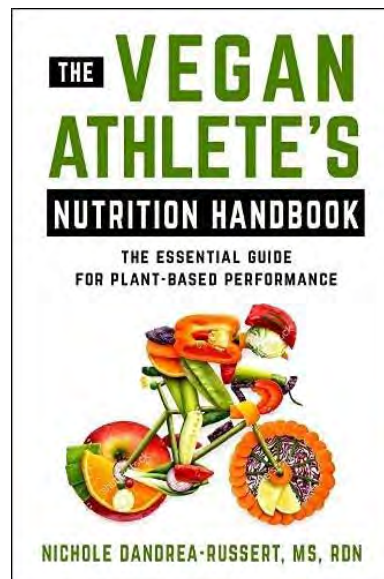
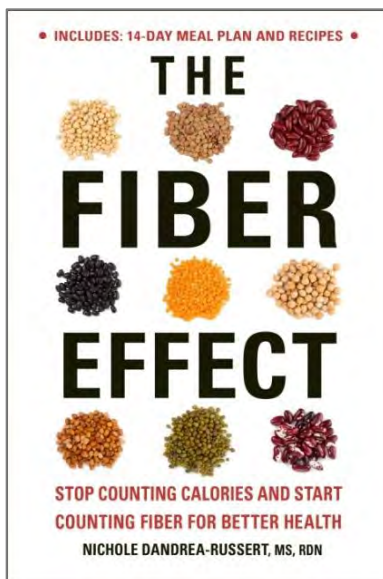
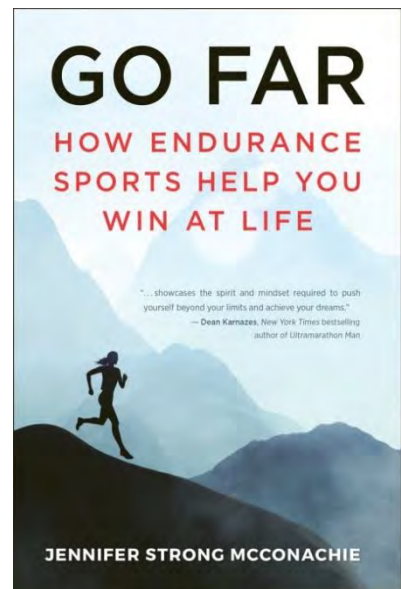
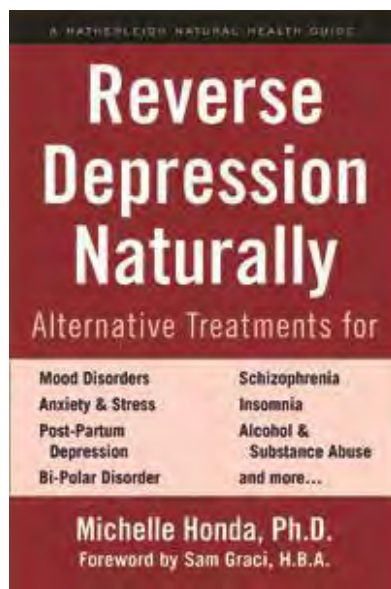
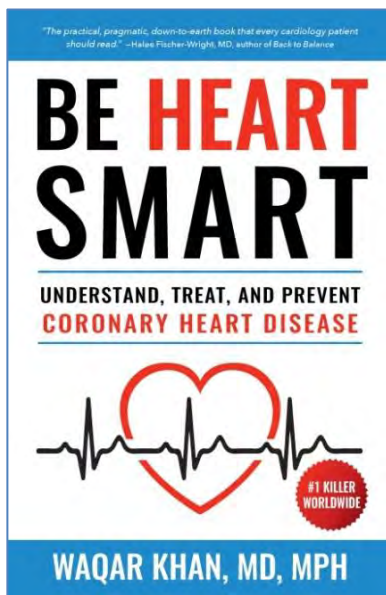
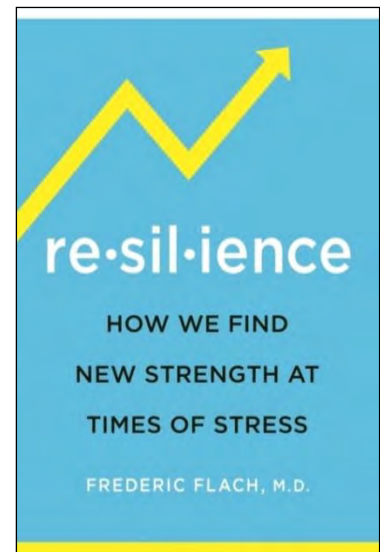
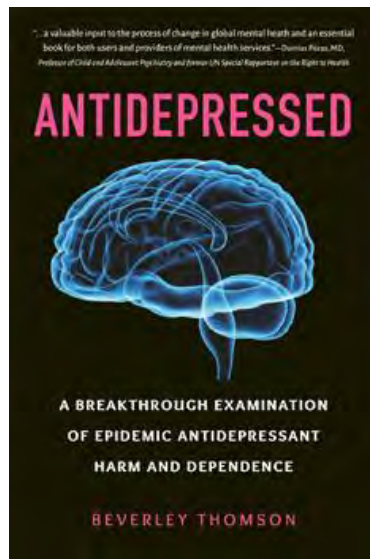
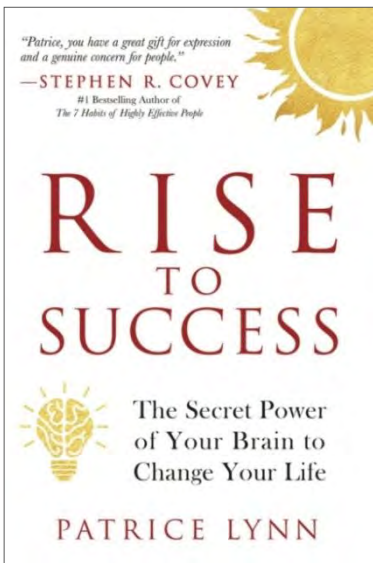




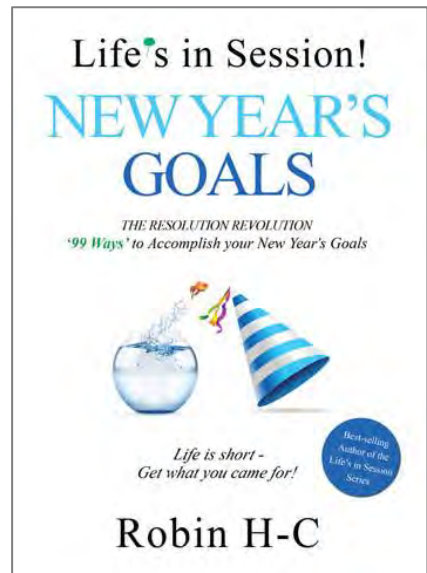
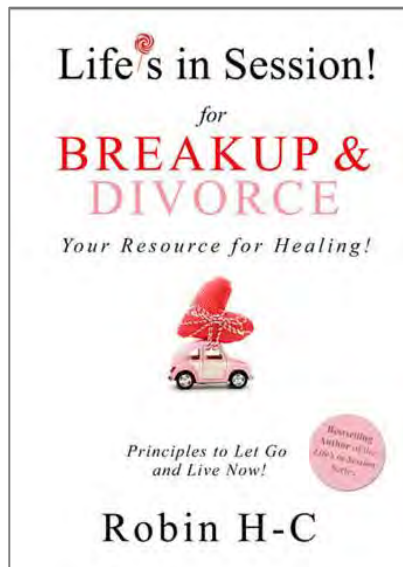
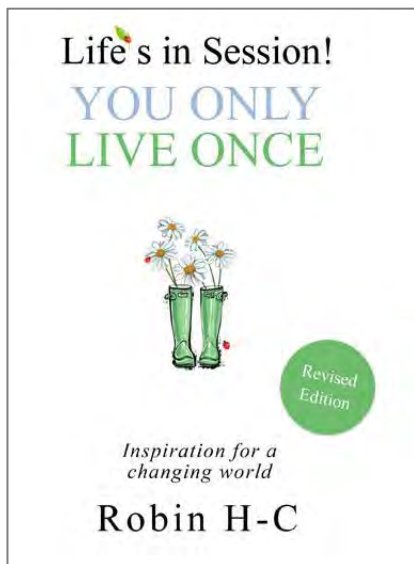
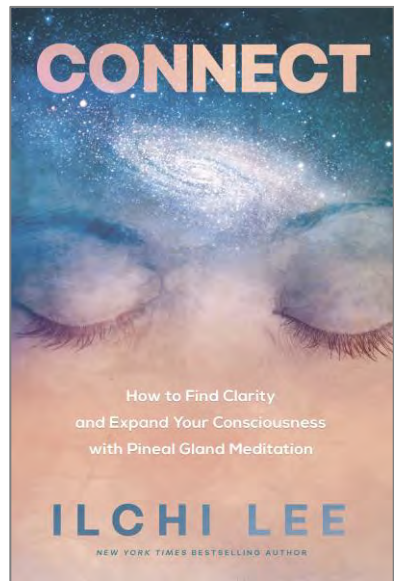
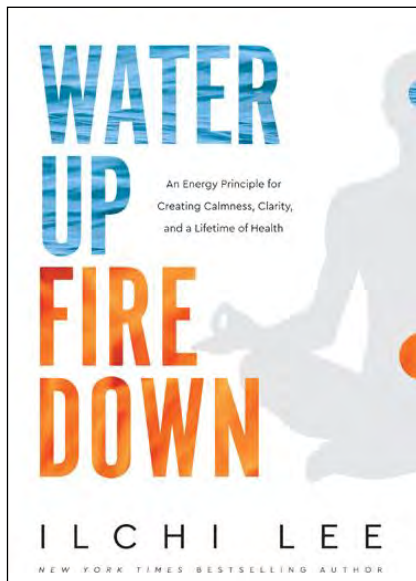
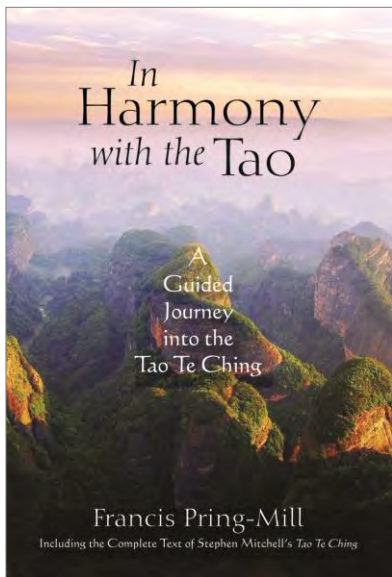
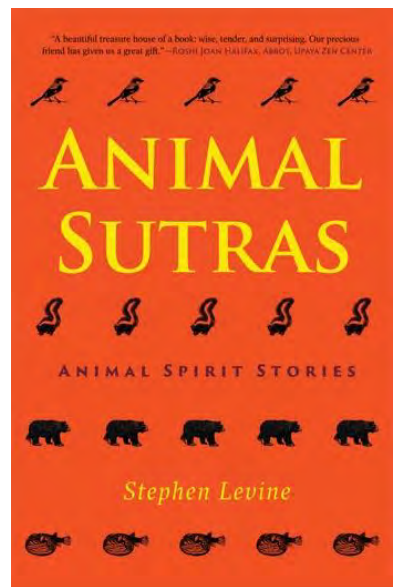
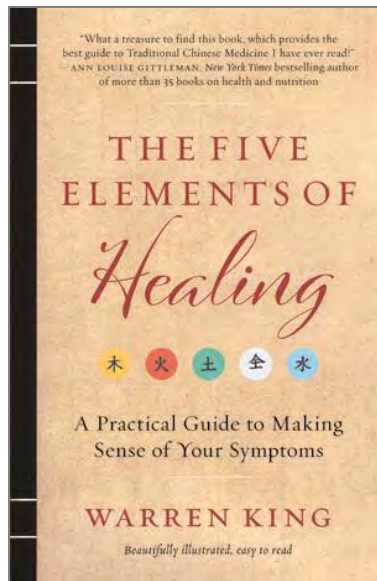
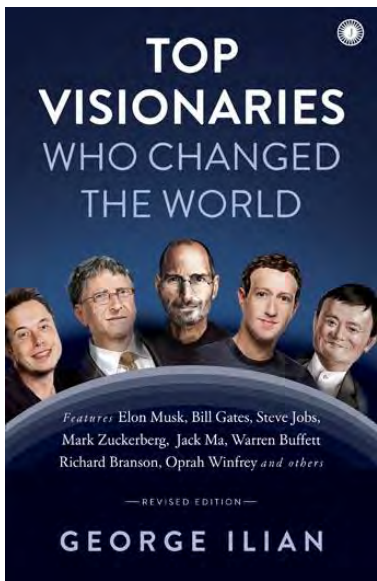




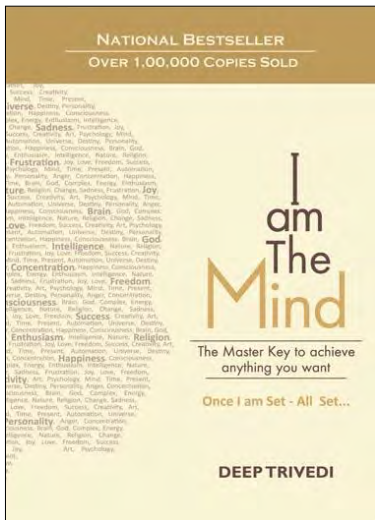




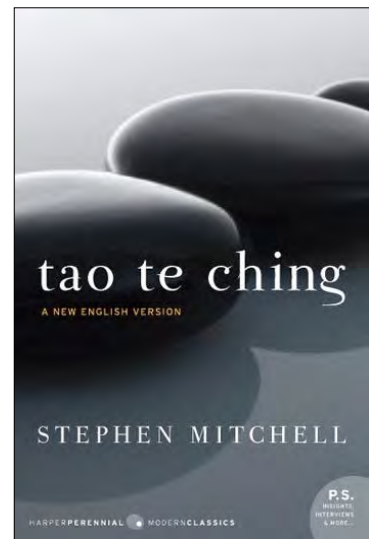
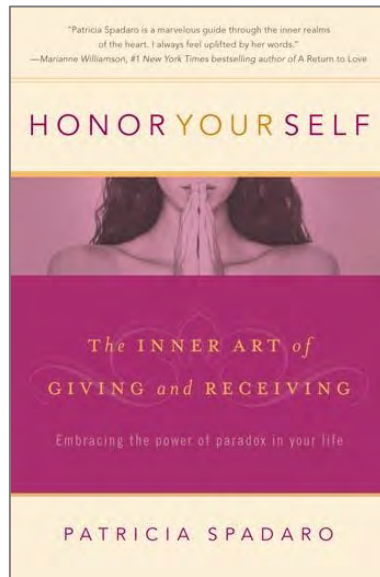




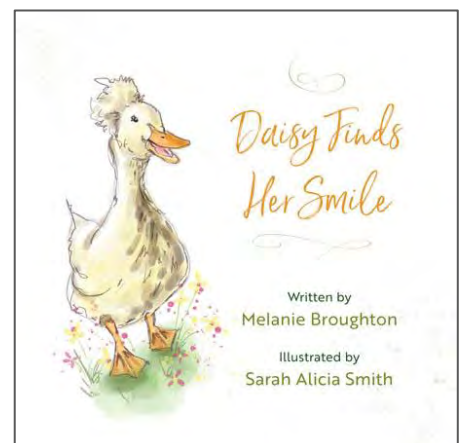
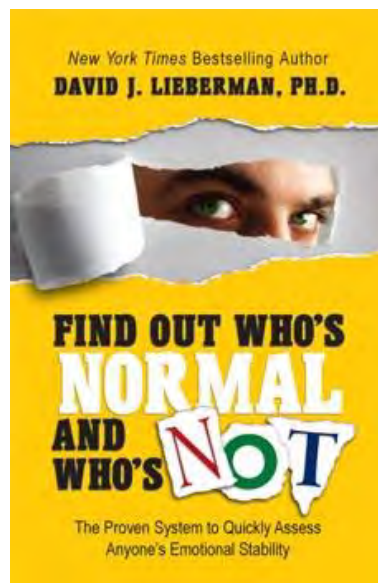
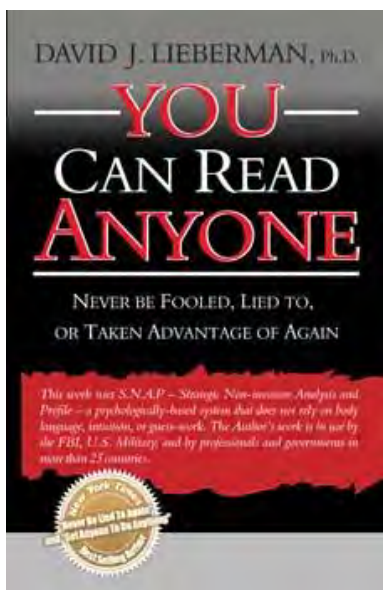
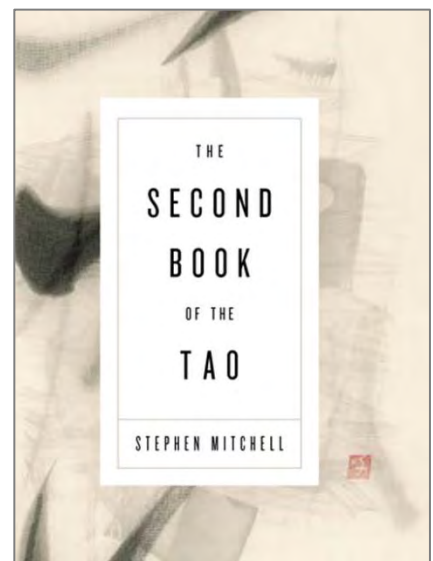
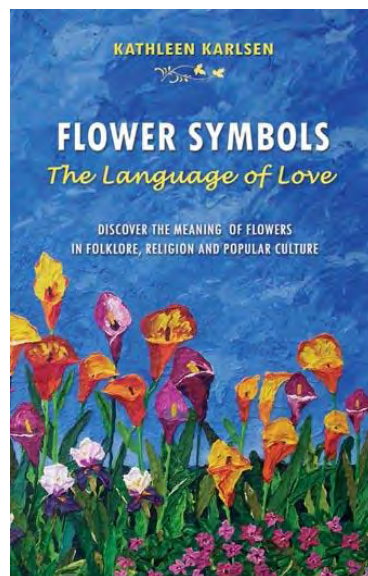
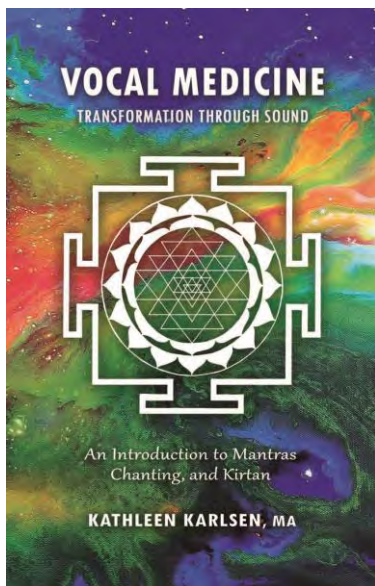




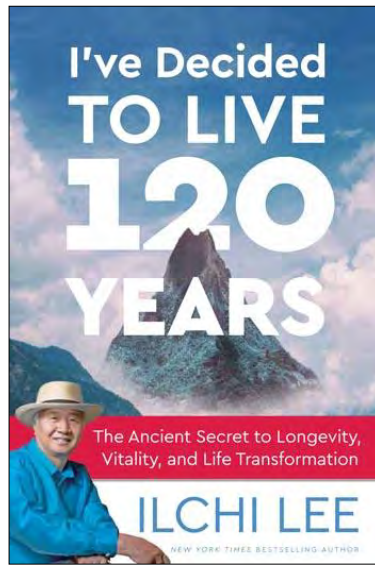
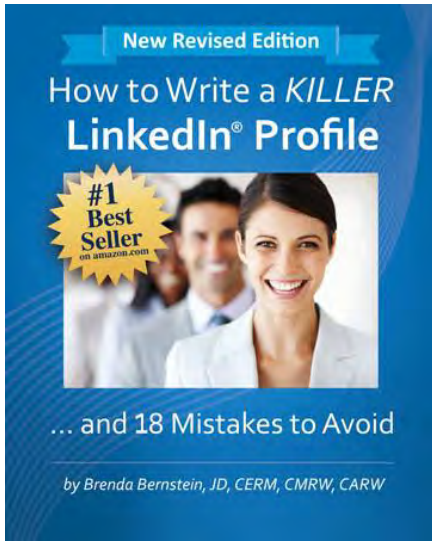
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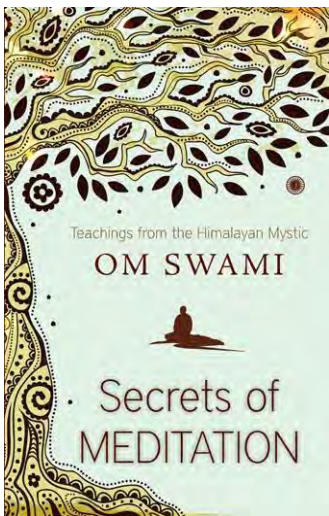
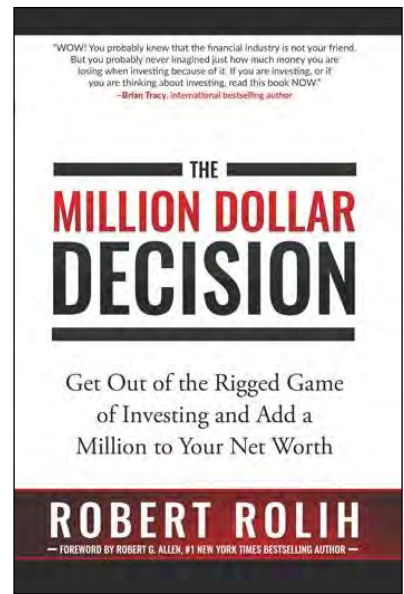
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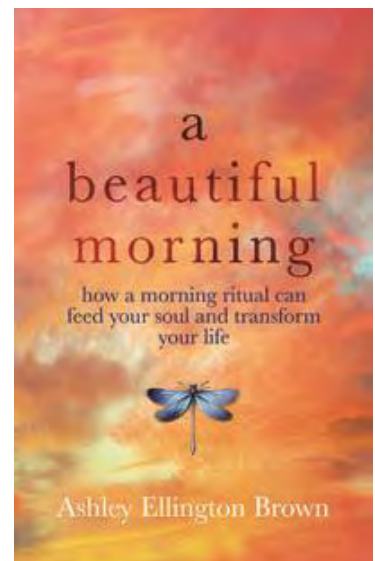
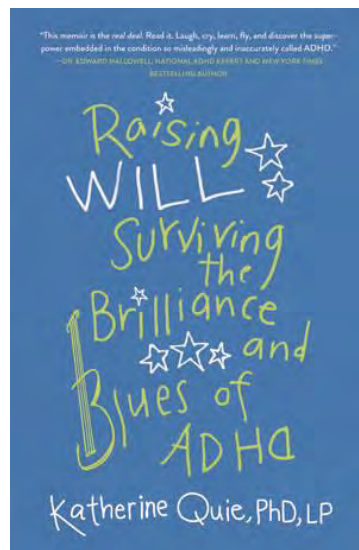
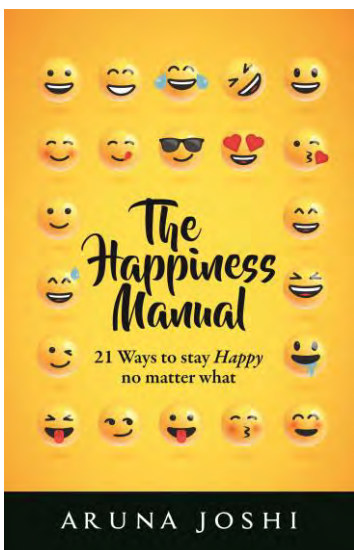
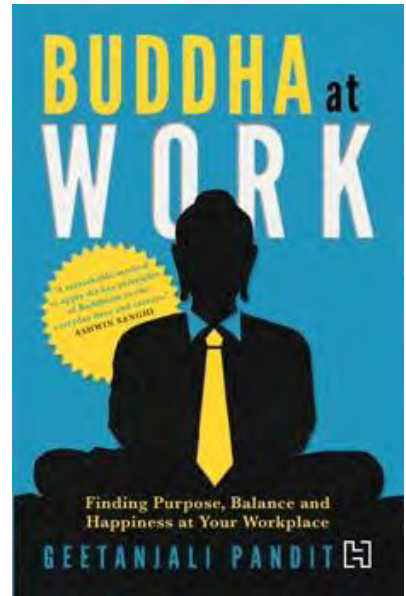
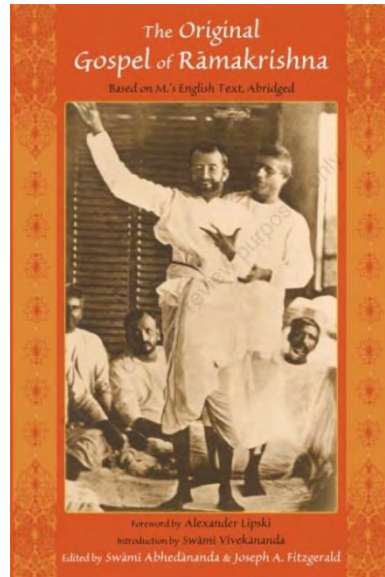




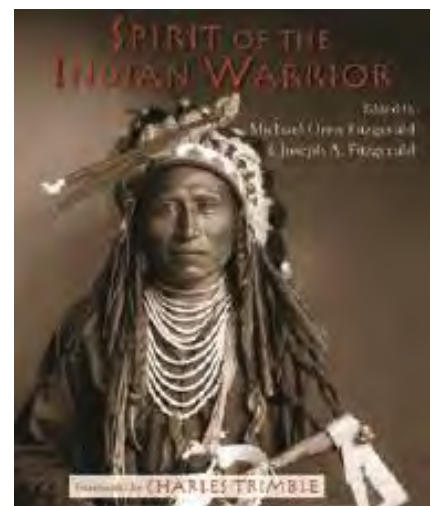
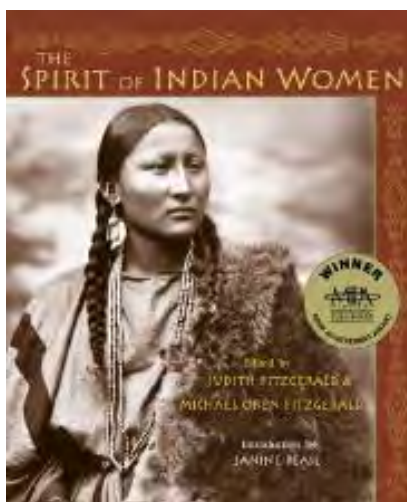
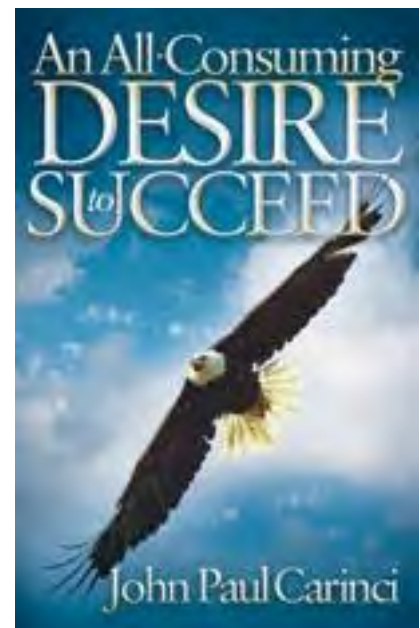
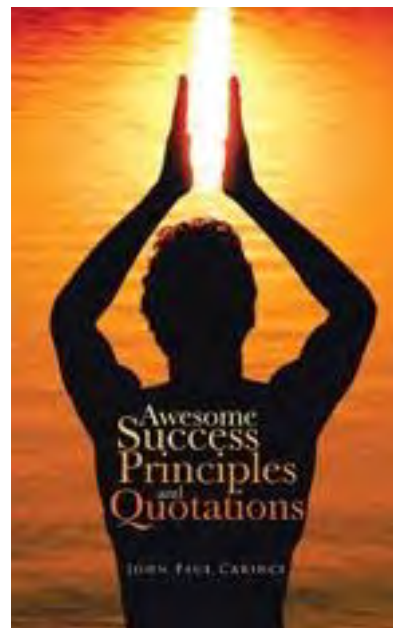
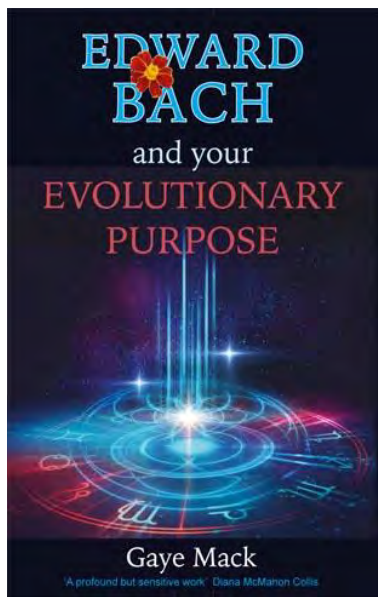
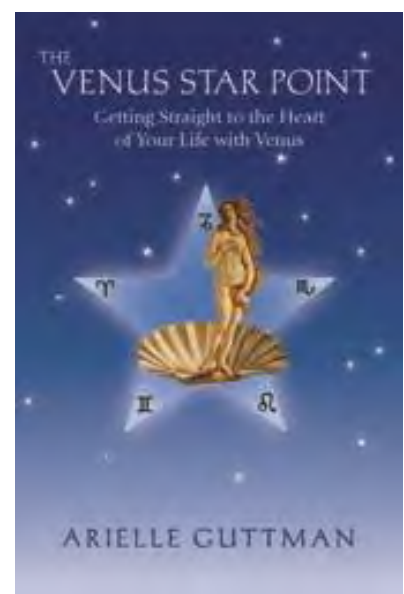
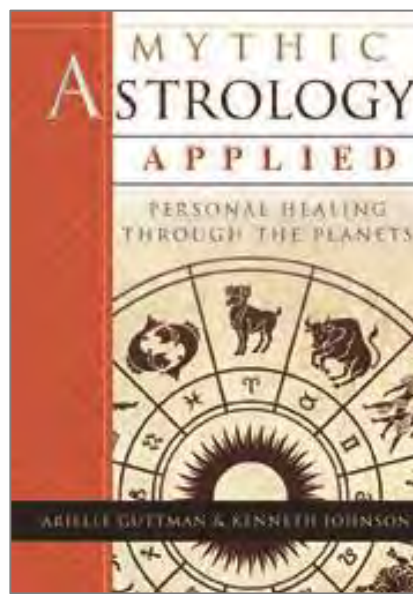
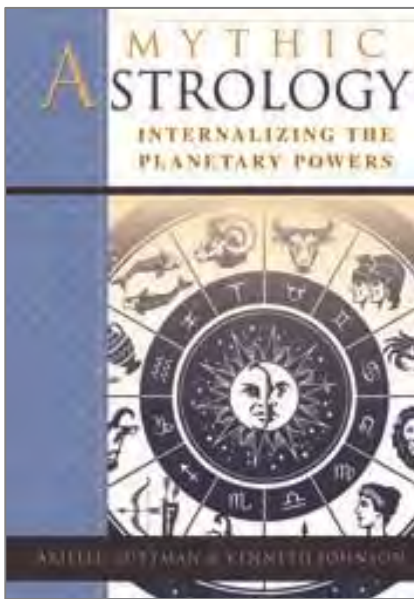
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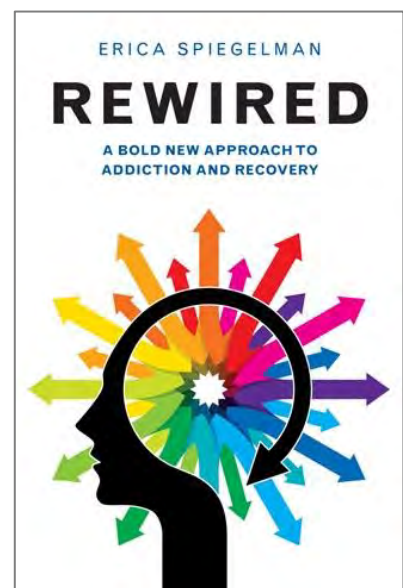
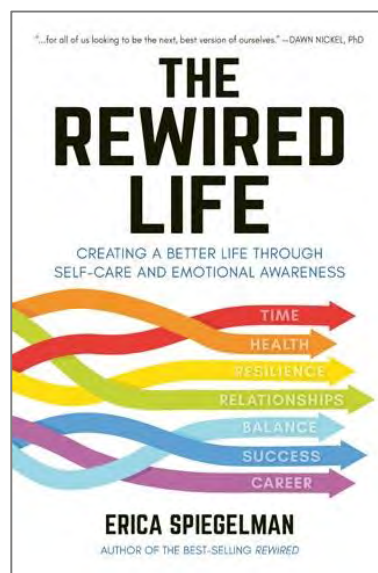
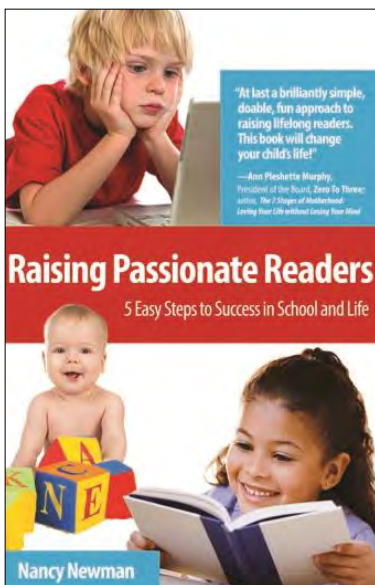
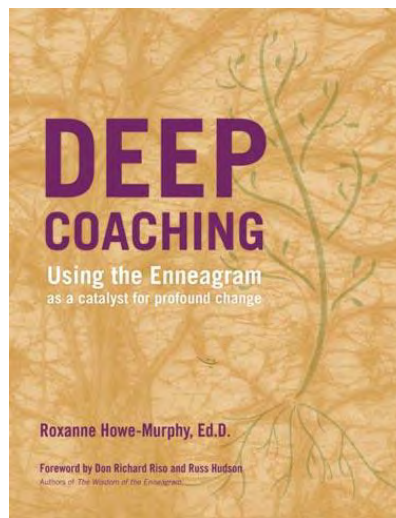
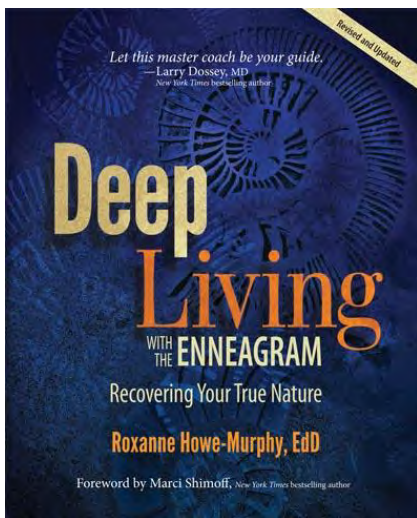
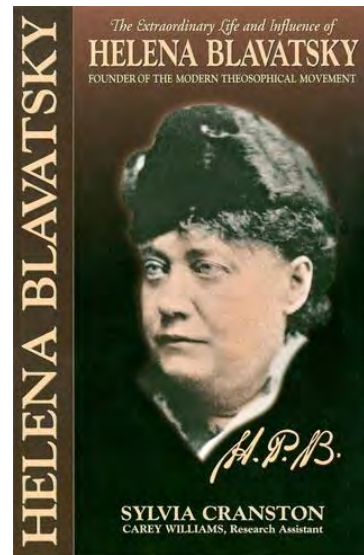
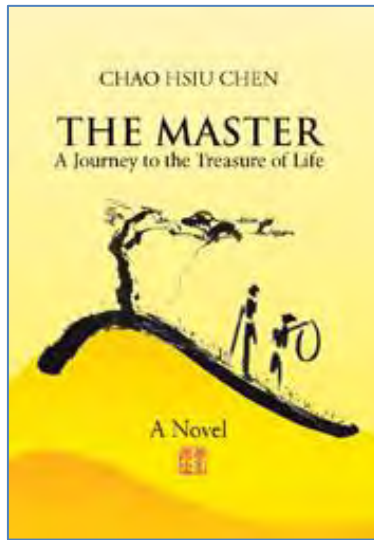
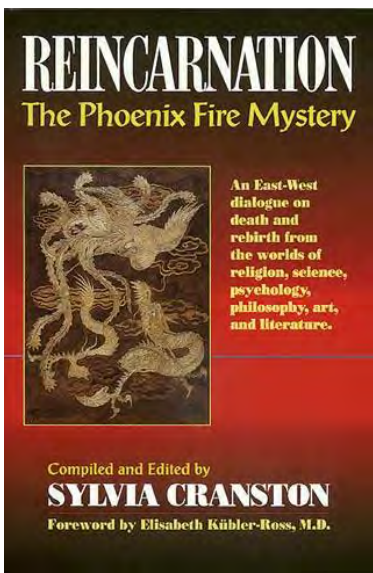
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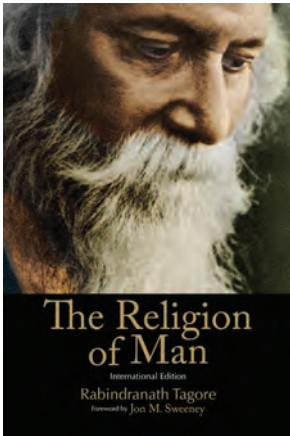




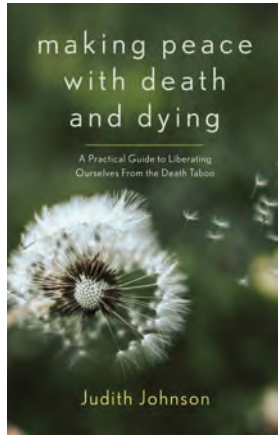




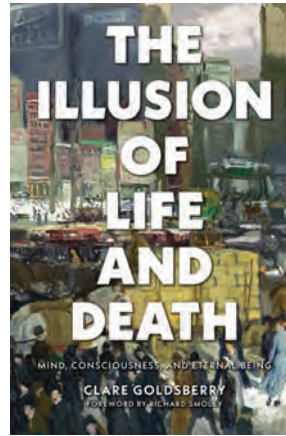




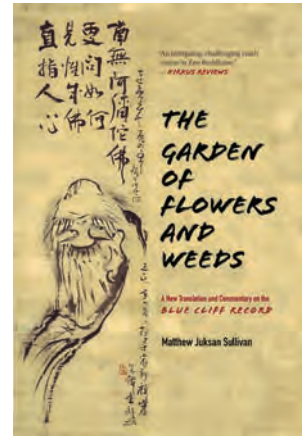
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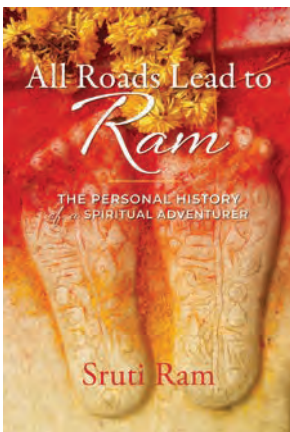
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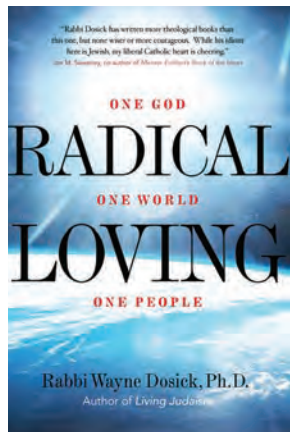
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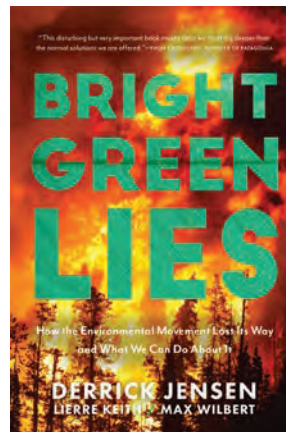
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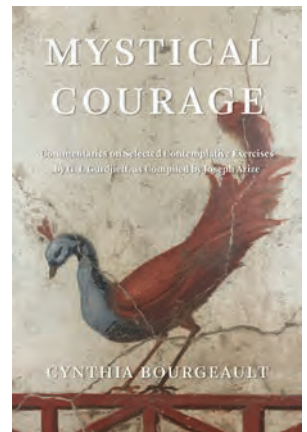
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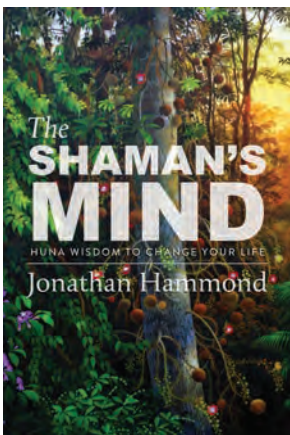
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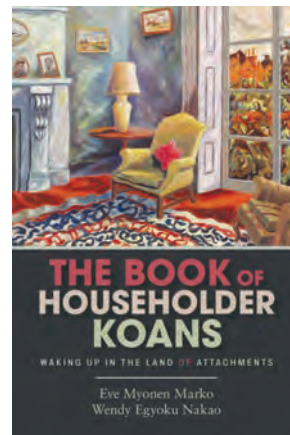
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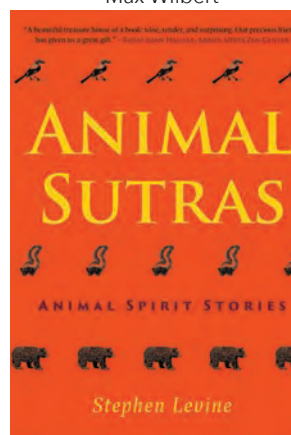
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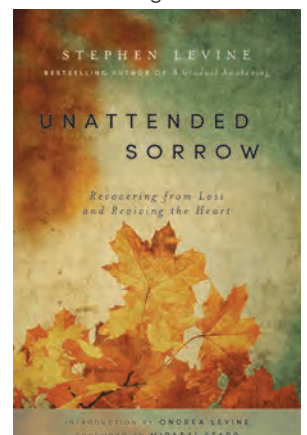
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*An Animal Chaplain's Advice for Surviving Animal Loss, Making Life Meaningful, and Healing the Planet*

**Sarah A. Bowen**

Combining humorous anecdotes and thought-provoking research, *Sacred Sendoffs* explores human relationships with beloved pets, wild creatures, animal astronauts, marine life, farmed animals, and other sentient beings. Along the way, animal chaplain Sarah Bowen shares insights for sustaining their lives, honoring deaths, and managing the emotions that arise when we lose an animal we love. While many books focus exclusively on pet loss, animal welfare, or environmental issues, Bowen's ever curious and playful style takes on all three, revealing their unavoidable entanglement. *Sacred Sendoffs* helps animal lovers uncover practical actions and everyday opportunities for helping the more-than-human world thrive.

### **BIBLIOGRAPHICAL INFORMATION**

**Title:** *Sacred Sendoffs*  
**Author:** Sarah A. Bowen  
**ISBN:** 978-1-948626-59-0  
**Format:** Trade paperback  
 eBook available  
**Pub. Date:** April 5, 2022  
**Pages:** 246 pages  
**Price:** \$16.95  
**Trim (in):** 5.5x8.5  
**Rights:** World  
**BISAC:**

NAT001000 NATURE / Animals / General  
 PSY052000 PSYCHOLOGY / Grief & Loss  
 PET000000 PETS / General  
 NAT024000 NATURE / Essays  
 NAT039000 NATURE / Animal Rights  
 PET010000 PETS / Essays & Narratives  
 OCC043000 BODY, MIND & SPIRIT / Nature Therapy

### **Praise**

"After reading *Sacred Sendoffs*, I find myself living in a more amazing world, populated by a diverse array of unique individuals, each deserving of respect and care."

—Victoria Moran, author of *Creating a Charmed Life* and *The Good Karma Diet*

### **About the Author**

Sarah Bowen is an animal chaplain and advocate for all creatures. She offers workshops on interspecies mindfulness practices, works with humans around animal grief/loss, and advocates for exploited and endangered species within both religious and secular contexts. You can often find her huddled over wildlife struck by cars, giving them a sacred sendoff. Bowen is also a cofounder of Compassion Consortium, the first interfaith, interspiritual, and interspecies faith community; an academic dean at One Spirit Interfaith Seminary; a columnist on animal/human relationships for *Spirituality & Health* magazine; and the author of two award-winning books on modern spirituality, including *Spiritual Rebel*. Her work has also appeared in *Tricycle: The Buddhist Review*, *Elephant Journal*, *mindbodygreen*, and on a wide range of podcasts. She holds a BA in Human Ecology, MA in Religious Studies, and is joyfully engaged in postgraduate research in Humane Religious Studies and Anthrozoology.



"Sarah Bowen's magnificent manifesto *Sacred Sendoffs* is a call to acknowledge the divine Aliveness manifesting as our animal companions. If you befriend animals, read this book. If you don't, read this book anyway and you will."

– Rabbi Rami, author of *Perennial Wisdom for the Spiritually Independent*

"This book is a gift to all human animals seeking to live more reverently and lovingly within the larger web of life."

– Cody J. Sanders, Chaplain at Harvard University & Advisor in the  
Office of Religious, Spiritual, & Ethical Life, MIT

"If we heed Bowen's teachings, perhaps animals will help us become more nonviolent toward one another—and teach us how to be human."

– Rev. John Dear, author of *The Nonviolent Life, Living Peace*, and other books,  
and executive director of [www.beatitudescenter.org](http://www.beatitudescenter.org)

"Sarah Bowen is back, and with the characteristic humor and intelligence that marked *Spiritual Rebel*, she asks us to consider the more-than-human world. In crisp, clever language, she presents an elegant manifesto for improving life—and death—for all beings on sacred Mother Earth."

– Barbara Becker, author of *Heartwood: The Art of Living with the End in Mind*

"*Sacred Sendoffs* articulates the case for extending to all living beings the compassion, empathy, and reverence that resides at the core of all religions and wisdom traditions. Her approach is not to preach, scold, or admonish, but instead to pose questions that inspire thoughtful and honest answers. I am certain that the reader, and the world, will be in a better place from these inquiries."

– William Melton, Co-Founder of the Compassion Consortium

"Life is amazing when we step out of our thoughts, our selves, and become the mystery alive to itself. With kindness and Zen directness, David Radin opens the gate of simplicity and invites us to live here, awake, free." —JACK KORNFIELD, AUTHOR OF *No Time Like the Present*

A  
**Temporary  
Affair**

TALKS ON AWAKENING AND ZEN

David Radin



**BIBLIOGRAPHICAL INFORMATION**

**Title:** *A Temporary Affair*  
**Author:** David Radin  
**ISBN:** 978-1-948626-67-5  
**Format:** Trade paperback  
 eBook available  
**Pub. Date:** August 2, 2022  
**Pages:** 148 pages  
**Price:** \$15.95  
**Trim (in):** 5x8  
**Rights:** World  
**BISAC:**

REL092000 RELIGION / Buddhism / Zen  
 PHI025000 PHILOSOPHY / Zen  
 REL036000 RELIGION / Inspirational

**"These short discourses by an old Zen priest facing his possible imminent death speak directly to the heart of human suffering. It is a book I keep on my bedside table, at close hand when I need a dose of encouragement." —Sylvia Boorstein**

***A Temporary Affair***  
*Talks on Awakening and Zen*

**David Radin**

*A Temporary Affair* is a collection of thirty-one dharma talks given at Sunday morning sittings at the Ithaca Zen Center by David Radin, the center's abbot and founder. These talks were given at a time when Radin's health was severely compromised by end-stage renal failure. In February 2019, he received a kidney transplant from a member of Ithaca Zen Center, to whom the publication is dedicated.

These dharma talks continue right up until Radin's admission to the hospital, and **contain insights as well as the personal story of how the dharma teachings comforted him and guided him to cope with and even thrive throughout his ordeal.** In Radin's own words, "How extraordinary, how blessed, how wonderful, to have met the teachings that free us from suffering when in diffi cult places." Through these talks, readers can clearly see how Radin put dharma wisdom to use in his own life situation—and be inspired to do so for themselves.

**About the Author**

**David Radin** is the abbot and founder of the Ithaca Zen Center, where he has taught for the past forty years. He began Zen practice in 1976 with Joshu Sasaki Roshi and was ordained a monk in 1983 and an Oshō in 1989. His writings have been turned into songs and spoken poems that have been released in four collections, including *Love Songs of a Zen Monk*. He is the editor of two books about Joshu Sasaki, including *The Great Celebration*, and his own writings have been published in *Tricycle* magazine. He lives in Spencer, NY.



"These short discourses by an old Zen priest facing his possible imminent death are relaxed and friendly in tone, but not really casual. They speak directly to the heart of human suffering, the confusion that comes from not understanding what is clearly available for us to feel directly and be liberated. It is a book I keep on my bedside table, at close hand when I need a dose of encouragement." **–Sylvia Boorstein, cofounding teacher of Spirit Rock Meditation Center and author of *Happiness Is an Inside Job***

"Life is amazing when we step out of our thoughts, our selves, and become the mystery alive to itself. With kindness and Zen directness, Yoshin David Rabin opens the gate of simplicity and invites us to live here, awake, free." **–Jack Kornfield, author of *No Time Like the Present***

"'You should find your salvation by becoming bored with your suffering...if you can be alone with yourself, you can be comfortable anywhere.' With such unexpected and unpretentious teachings, Yoshin David Radin makes Zen completely available. *A Temporary Affair* is a treasure house of casual (and comforting) wisdom, a book you'll go back to again and again to undo the tangles in your mind." **–Norman Fischer, poet, Zen priest, and author of *The World Could Be Otherwise: Imagination and the Bodhisattva Path***

"This is a wonderful book. It is simple. It is clear. There are poetic moments. But, bottom line, David Yoshin Radin speaks to us from the heart of the matter. Here is a Zen life as an authentic life. I highly recommend it." **–James Ishmael Ford, author of *Introduction to Zen Koans: Learning the Language of Dragons***

"With warmth, humor, and gentle authority, Zen master Yoshin David Radin shares the fruits of decades of intimacy with the mind to invite us home to the heart. His very real proximity to his own death charges these dharma talks with a kind of tender beauty that touched me to my core." **–Mirabai Starr, author of *Wild Mercy: Living the Fierce and Tender Wisdom of the Women Mystics and God of Love: A Guide to the Heart of Judaism, Christianity and Islam***

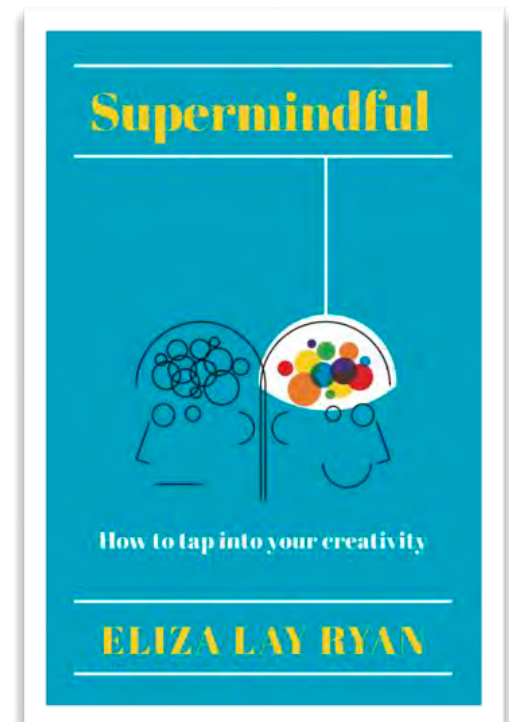
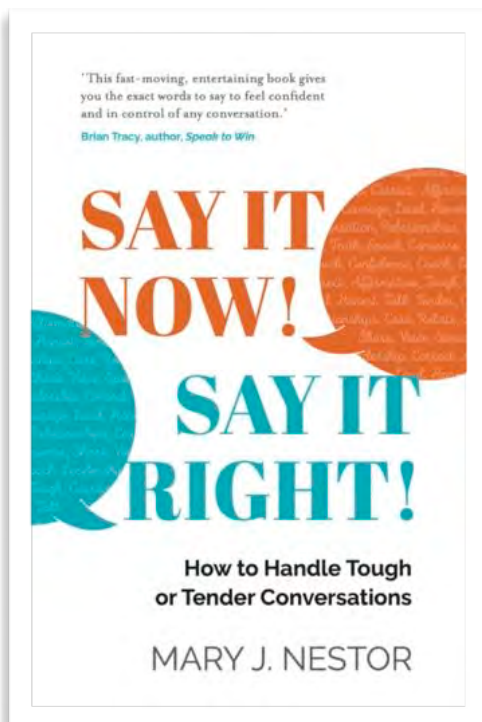
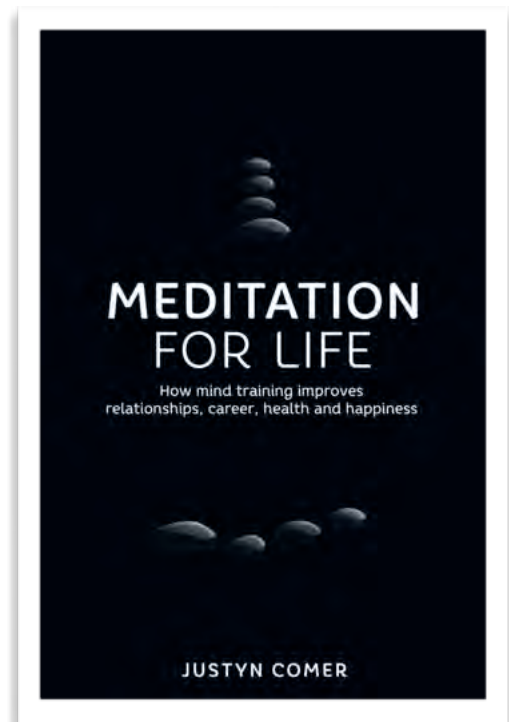
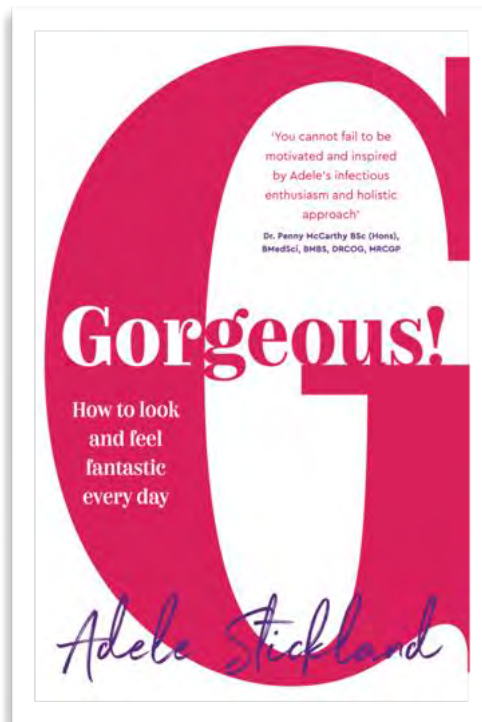
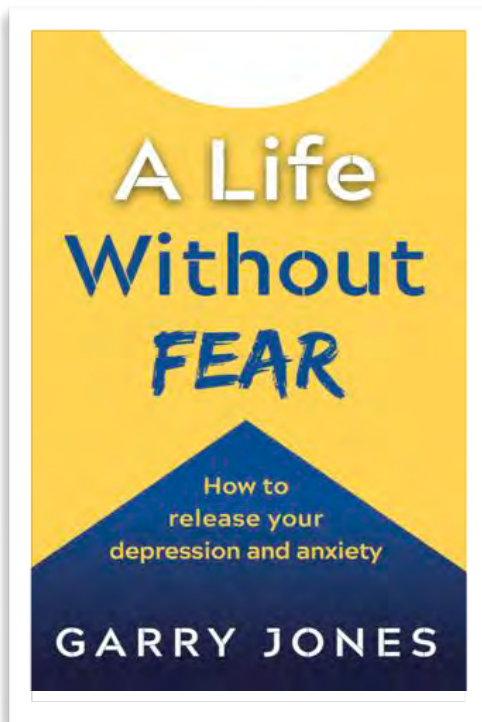
"Do we really need another book on Buddhism? YES! But only if that book and collection of talks is Yoshin David Radin's *A Temporary*. Sitting with this book is like sitting with a roshi and having the wisdom within you mirrored back to you in a way that shatters everything that keeps you from knowing who you are and aren't. Read this book slowly. The talks may be casual, but the truth is anything but." **–Rabbi Rami Shapiro, author of *The Tao of Solomon: Unlocking the Perennial Wisdom of Ecclesiastes and Judaism Without Tribalism: A Guide to Being a Blessing to All the Peoples of the Earth***

"This is a collection of genuine teachings from the heart that resonate with an authenticity that comes from Yoshin David Rabin's many years of practice. It is both profound and practical, a fine line that few Zen teachers are able to walk." **–Hal Roth, professor of religious studies and director of the Contemplative Studies Initiative at Brown University**



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"Love the direct actions to take and explicitly detailing HOW to change."

Luke Barber, 30 years

# THE SPARK TO YOUR SUCCESS

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ROBERT MAISEL

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PHIL SCOTT (PGA),  
FATHER OF ADAM SCOTT, 2015 MASTERS CHAMPION

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# 氣

THE MISSING LINK TO A  
WINNING PERFORMANCE

JAYNE STOREY

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A PRACTICAL GUIDE  
TO A HEALTHIER BODY  
AND A HAPPIER MIND

CATHERINE  
ROGERS

"Finally a book that is easy to understand  
and practical to do. It is a must read!"

Dr Fabrizio Mancini, Healthy Living Media Expert and  
best-selling author of *The Power of Self-Healing*

# ONE BODY ONE LIFE

DON'T SCREW IT UP!

ANDREW C E GREEN



# PLAY GOLF FOREVER

A physiotherapist's guide to golf  
fitness and health for the over 50s

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# PLAY TENNIS FOREVER

A physiotherapist's guide to keeping  
fitter, younger and healthier

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"A beautifully written book spanning  
continents, decades and cultures."

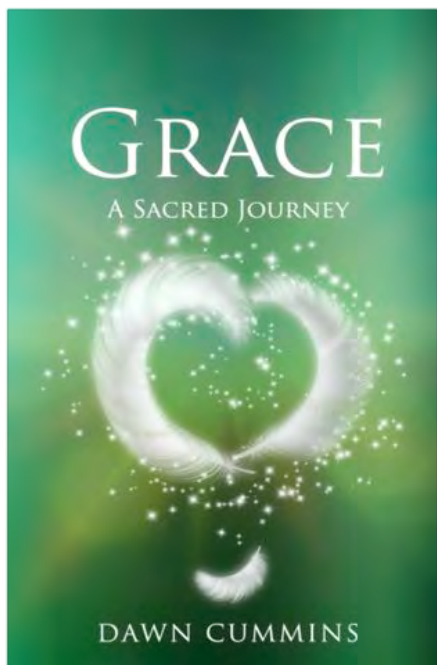
Dr Amir Khan, author of *The Doctor Will See You Now*, TV celebrity

# the red thread

The everlasting  
invisible connections  
between us

bina briggs

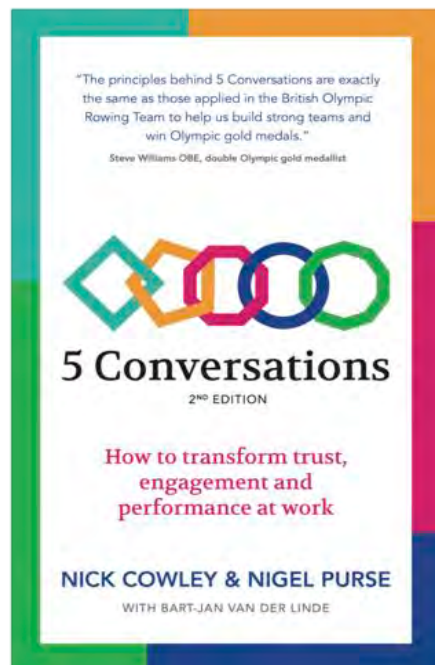




# GRACE

A SACRED JOURNEY

DAWN CUMMINS



"The principles behind 5 Conversations are exactly the same as those applied in the British Olympic Rowing Team to help us build strong teams and win Olympic gold medals."

Steve Williams OBE, double Olympic gold medalist



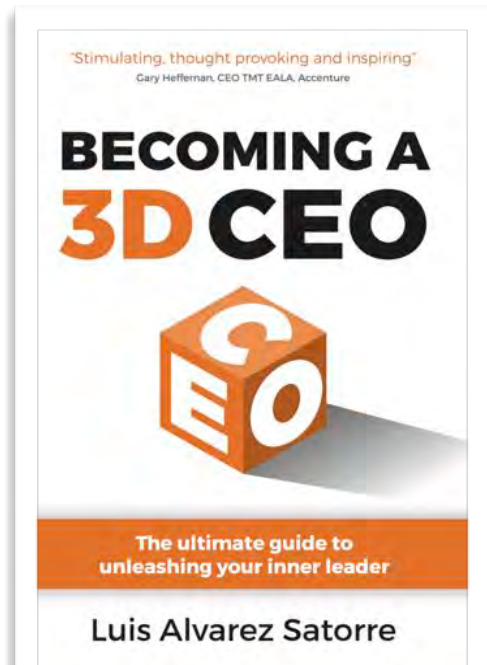
## 5 Conversations

2<sup>ND</sup> EDITION

How to transform trust, engagement and performance at work

NICK COWLEY & NIGEL PURSE

WITH BART-JAN VAN DER LINDE



"Stimulating, thought provoking and inspiring"

Gary Heffernan, CEO TMT EALA, Accenture

# BECOMING A 3D CEO



The ultimate guide to unleashing your inner leader

Luis Alvarez Satorre



# BUSINESS IS PERSONAL

BE THE LEADER OF YOUR LIFE AND BUSINESS

*Penny Power OBE*

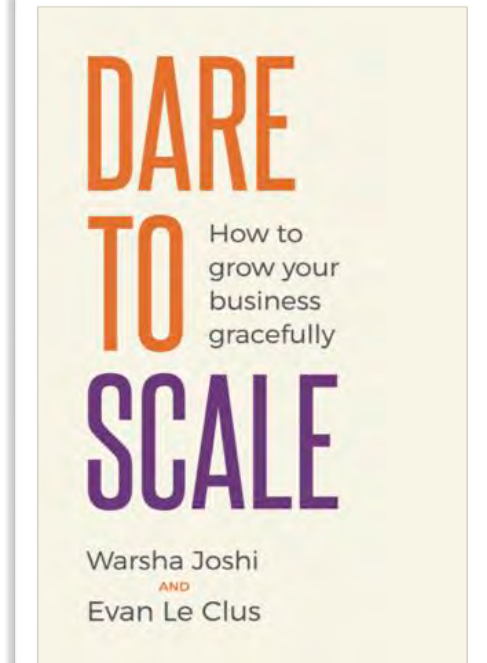


POWER WOMEN WORLDWIDE

# CALLED TO LEAD

SUCCESS STRATEGIES FOR WOMEN

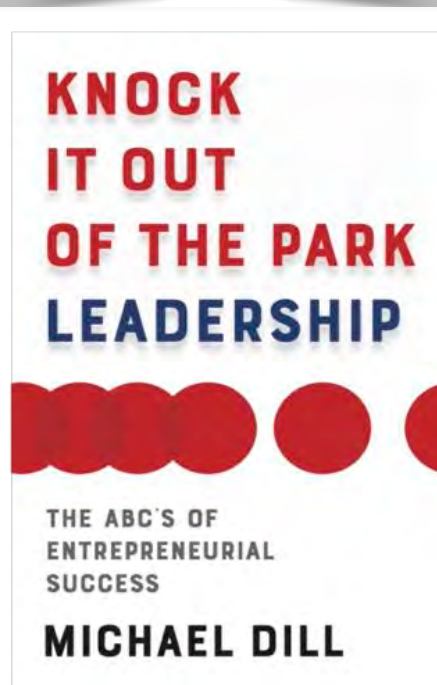
PEGINE ECHEVARRIA  
MSW, HoF, CVP  
+ 17 INSPIRATIONAL WOMEN



# DARE TO SCALE

How to grow your business gracefully

Warsha Joshi  
AND  
Evan Le Clus



# KNOCK IT OUT OF THE PARK LEADERSHIP

THE ABC'S OF ENTREPRENEURIAL SUCCESS

MICHAEL DILL



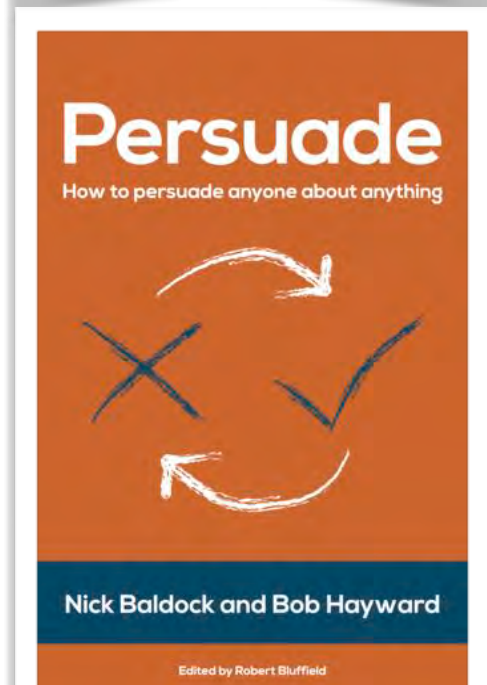
"This book will motivate you to be the best you can be."

Allan Yarith, Director, Juno Finance

# MORE TO GIVE

Stepping into your new life at any age

CINDY GALVIN



# Persuade

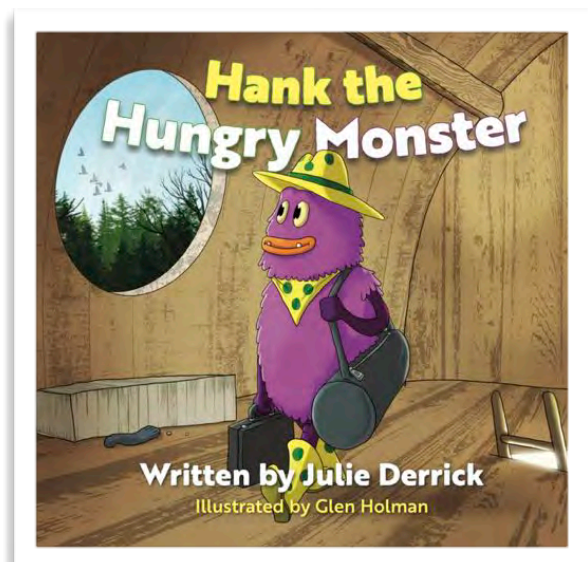
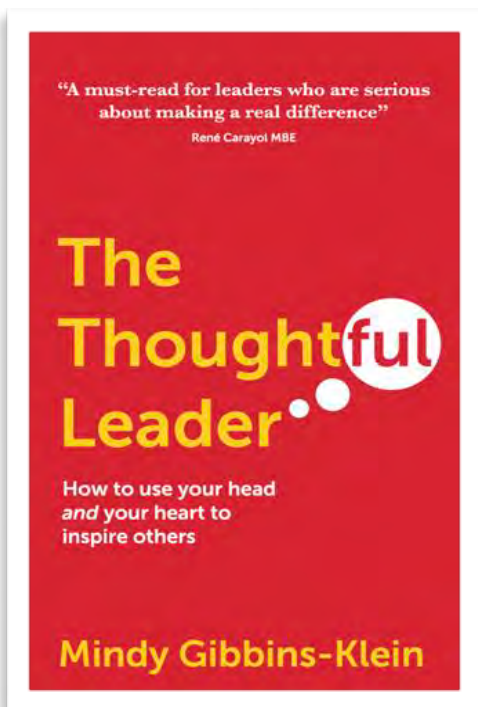
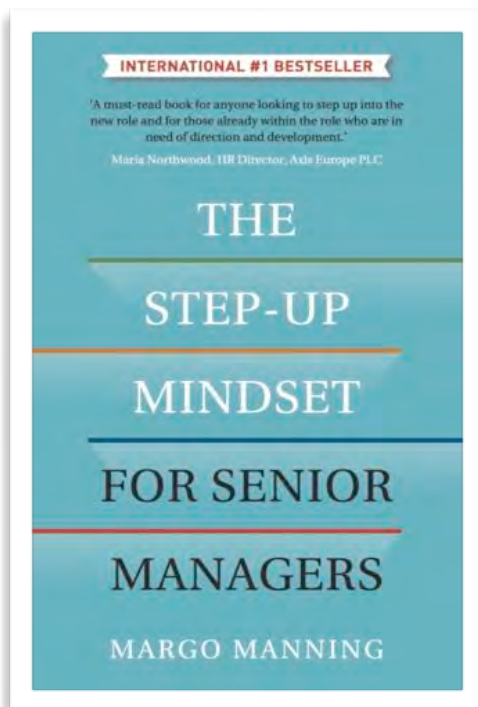
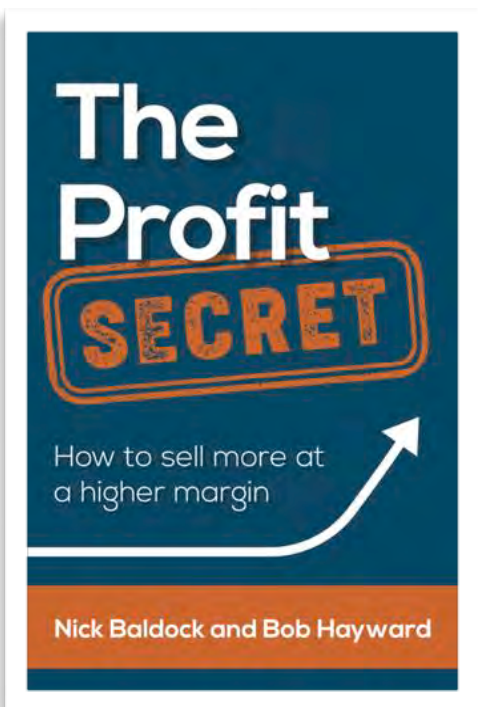
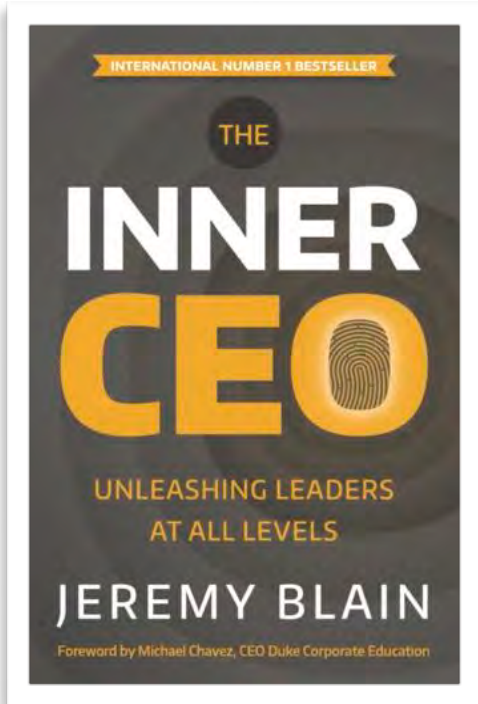
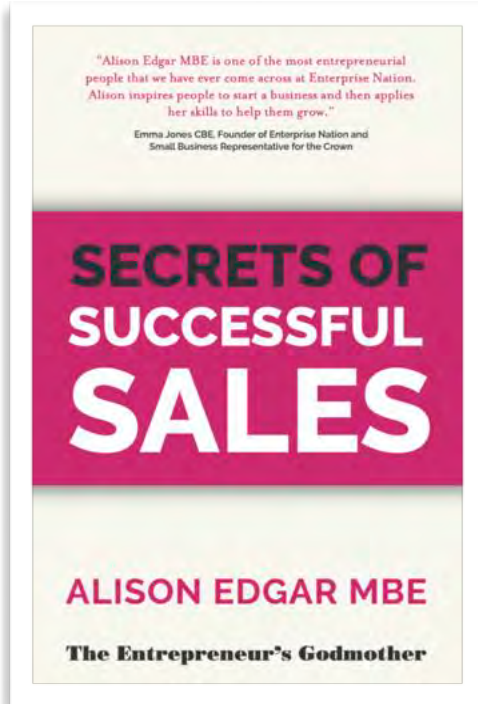
How to persuade anyone about anything

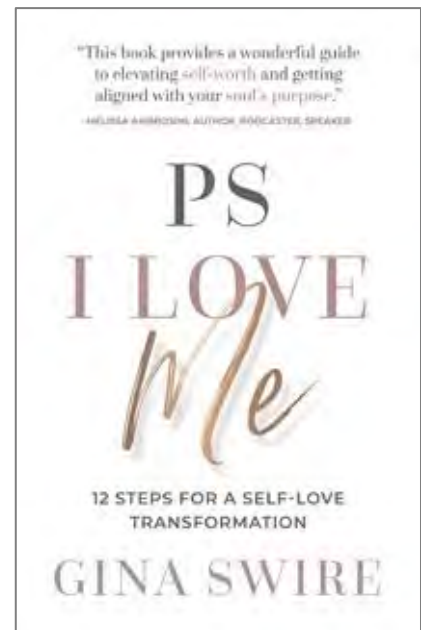
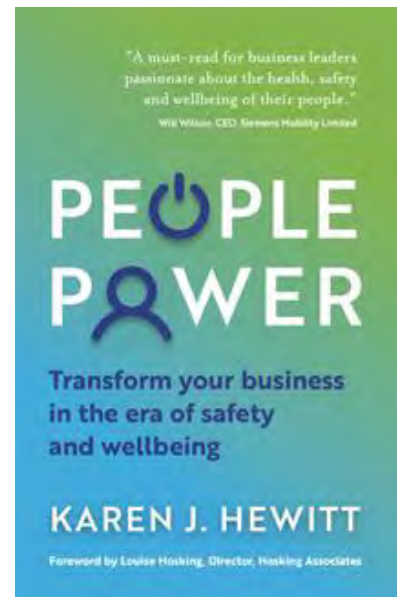
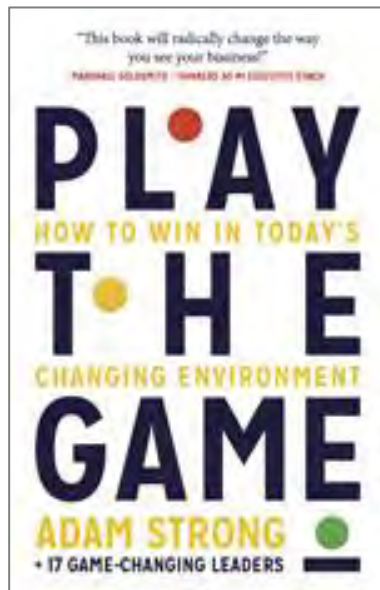


Nick Baldock and Bob Hayward

Edited by Robert Bluffield









# Deep Living

WITH THE ENNEAGRAM

## Recovering Your True Nature

Roxanne Howe-Murphy, EdD

*Revised and Updated*

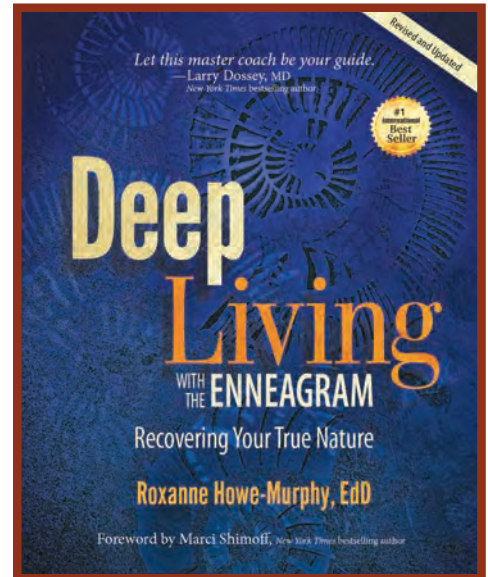
With compassion, wisdom, and practical insight, Dr. Roxanne Howe-Murphy helps us cultivate our innate capacities for wholeness, leading to an intimate, transformed relationship with ourselves, and others. *In Deep Living with the Enneagram*, you'll find:

- A radically compassionate and spacious approach to recognizing the roots of inner struggle
- How your Enneagram type's personality patterns present specific obstacles to real presence
- Your unique pathways for liberating yourself from inner confines—one size does not fit all
- Ways to cultivate a strong core foundation and your innate capacity for wholeness
- The connection of your personal well-being to global well-being
- Full acceptance of both your human nature and the eternal, divine spark within

A must-have book for healing the roots of struggle.

### KEY FACTS

- #1 International Best Seller in English language in US, Italy, UK, Australia, Spain, Japan, France, Brazil, Canada, Germany, and the Netherlands
- Winner, 2020 National Indie Excellence Awards – Personal Growth category
- Winner, 2020 Southwest Book Design & Production Awards – Mind/Body/Spirit category
- 2021 Benjamin Franklin Silver Award from Independent Book Publisher's Association, Body/Mind/Spirit category



### PRODUCT SPECS

Inspiration and Personal Growth /  
Spiritual / Personality

Enneagram Press, Santa Fe, NM

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Email: [nigel@publishingcoaches.com](mailto:nigel@publishingcoaches.com)

*“Let this master  
coach be your guide!”*

—Larry Dossey, MD  
New York Times bestselling  
author of *One Mind* and  
*Healing Words*

## RAVE REVIEWS

Howe-Murphy has developed a fresh, thorough conception of the relationship between personality and the true self as illustrated through what she calls the 'ancient and profound wisdom' of the Enneagram.

—BookLife, January 2020

*Deep Living* is profound transformational inner-directed therapy...

—Nancy Lorraine, Midwest Book Review

One of the greatest discoveries of the past two centuries is that the human personality is not fixed, but is flexible, changeable, and malleable...let this master coach be your guide.

—Larry Dossey, MD, author

*ONE MIND: How Our Individual Mind Is Part of a Greater Consciousness and Why It Matters*

This is a book that makes possible deeper intimacy with your self by bringing together the practical and the profound.

—Don Richard Riso & Russ Hudson, coauthors

*The Wisdom of the Enneagram* (Bantam) and *Personality Types: Using the Enneagram for Self-Discovery*

*Deep Living* is food for the heart, balm for the soul, and light for the spirit.

—Christina Donnell, PhD, author, *Transcendent Dreaming: Stepping Into Our Human Potential*

Learn how to be true to yourself without getting trapped in your personality. That is when freedom and deep living really begin. There is great wisdom here!

—Christiane Northrup, MD, New York Times best-selling author

*Goddesses Never Age, The Wisdom of Menopause, and Women's Bodies, Women's Wisdom*

The malaise of our time is shallow-mindedness, superficiality, and abbreviated awareness. *Deep Living* offers a compelling antidote.

—Michael J. Gelb, author, *How to Think Like Leonardo da Vinci*

Soul excavation is hard work—but the Enneagram is a powerful tool and Roxanne Howe-Murphy is a very able guide to this process. This book challenges the reader to move to new levels of self-awareness and healing, providing concrete steps and real help for true transformation.

—Suzanne Buckley, editor, *Sacred Is the Call—*

*The Transformational Work of Spiritual Direction Programs for Personal and Professional Growth*

In *Deep Living*, Roxanne provides one of THE most accessible (simple and understandable) descriptions of the spiritual journey yet published. She has made understandable and simple what generally defies language—the experience of the soul.

—Lynda Roberts, former board president, International Enneagram Association



# Deep Coaching

## Using the Enneagram as a Catalyst for Profound Change

Roxanne Howe-Murphy, EdD

This groundbreaking and classic book, *Deep Coaching*, by celebrated author and Enneagram coaching pioneer, Roxanne Howe-Murphy, EdD, makes the profound teachings of the Enneagram practical. Coaching has assumed an important role in many professions. Coaches, health practitioners, organizational consultants, spiritual directors and other human development specialists find specific processes, tools and strategies to empower and support the transformation of their clients.

*Deep Coaching* takes professionals beyond identifying nine dominant personality traits and patterns in their clients to help them stimulate real transformation as they unhook from the beliefs, behaviors, and thoughts that are no longer useful.

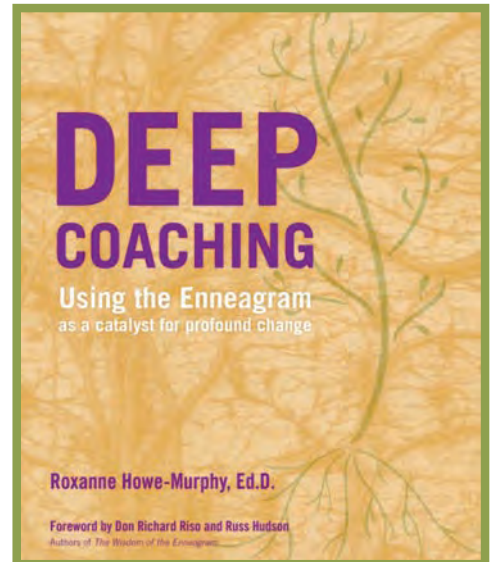
Human development professionals can now make a deeper impact in the lives of their clients by helping them:

- Move toward fuller psychological, emotional and spiritual maturity
- Find inner peace by reducing inner struggle
- Become more fulfilled in their lives and relationships

### FROM THE FOREWORD

by Don Richard Riso and Russ Hudson,  
Enneagram pioneers and authors of  
*Personality Types* and *The Wisdom of the Enneagram*

Real coaching involves radical openness, acceptance of the other where they are (that is, without our personal agenda), deep listening, the ability to make a direct and on-going connection with the person, honesty and frankness . . . profound humility, humor and an honoring of limits and boundaries. A book on coaching needs to take account of all these qualities—and more. This book does!



### PRODUCT SPECS

Medical General / Psychology  
Enneagram Press, Santa Fe, NM

### KEY FACTS

- Frequently in top-tier rankings in the medical category field
- Used as a textbook in leadership, organizational development, health fields, coaching and psychology curricula
- Offers a potent, presence-based approach to real transformation
- A trusted resource book for professionals and individual users

### FOR RIGHTS, CONTACT:

Nigel J. Yorwerth  
Yorwerth Associates  
Email: [nigel@publishingcoaches.com](mailto:nigel@publishingcoaches.com)

## RAVE REVIEWS

This book is a must read for both novice and experienced professional coaches, and anyone interested in the coaching process. Roxanne's insight into *Deep Coaching* and how the Enneagram personality system can be used as a critical coaching tool to support life shifts transformations is invaluable! Her loving and supportive presence comes through on these pages.

—Suzanne Glazer, director  
Executive coaching and community values liaison, Harvard Business School

Dr. Howe-Murphy equips her readers with deeply intelligent, invigoratingly accessible tools for the coaching professional. Her book delivers high-impact, creative Enneagram coaching applications that reverberate with generations of the highest of Enneagram thought. It is a recommended training text to all of our coaches at the Center for Relationship.

—Ronna Phifer-Ritchie, PhD  
Vice president, The Center for Relationship/Silicon Valley  
Executive director Enneagrowth

A wonderful and well-crafted book for coaches (and everyone else who works with helping people grow and change)...Don't miss this outstanding book!

—Belinda Gore, PhD  
Former director, The Enneagram Institute of Ohio

*Deep Coaching* gives coaches a powerful tool to support their clients on their path to personal mastery and success, however that may be defined. Understanding the Enneagram gives clients greater access to their unique approach, talents, and gifts, which they often can't see without such a robust approach.

—Ann Roulac, coach, prosperity catalyst  
Author, *Power, Passion & Purpose: 7 Steps to Energizing Your Life*

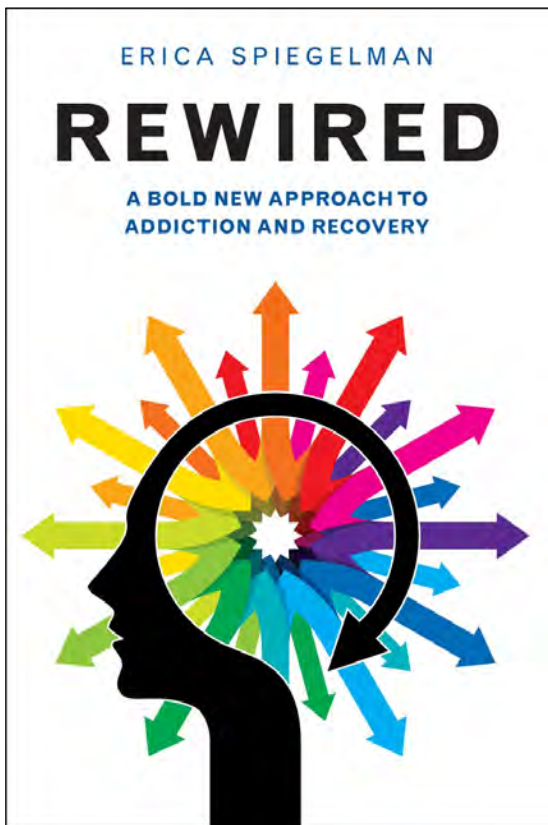
Dr. Roxanne Howe-Murphy's depth of understanding and ability to communicate the teachings of the Enneagram are unsurpassed. Her book is a comprehensive hands-on tool for coaches that will inform and guide their work with clients as well as deepen their own self-knowledge and personal development.

—Barbara Mark, PhD  
Executive coach and president, Full Circle Institute

I have read your book several times as it has such a wealth of information; it feels like a coaching bible.

—Lydia Mattison CPC, Trinidad  
[www.empoweringspace.com](http://www.empoweringspace.com)





# REWIRED: A Bold New Approach to Addiction and Recovery by Erica Spiegelman

ISBN: 978-1-57826-565-7 \* Trade Paperback \* 6 x 9 \* 144 pages  
 Also available as an E-Book and Audio Book.

Published by Hatherleigh Press, Ltd.  
 Distributed by Penguin Random House.

**Paperback LTD Sales: 28K**

**E-Book LTD Sales: 7.5K \* Audio Book LTD Sales: 4.5K**

*"There are few people who truly understand the disease of addiction and the attainability of recovery as well as Erica Spiegelman. Rewired is a must read for anyone seeking the essential internal tools to make recovery a reality."*—**Robert L. Shapiro**, Attorney and Chairman, The Brent Shapiro Foundation for Alcohol and Drug Awareness

\*

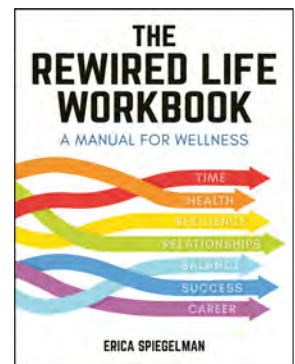
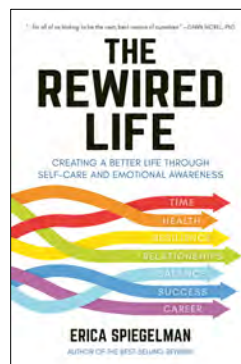
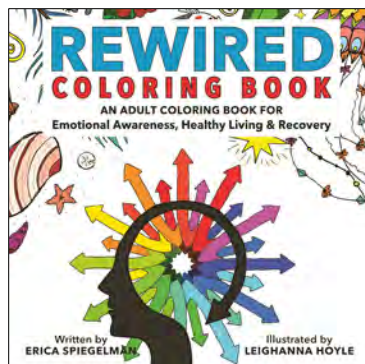
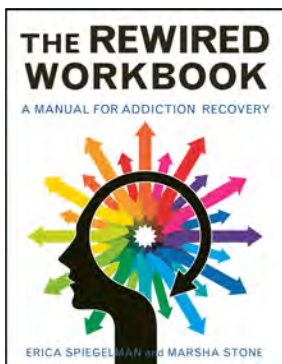
Just as addiction affects every part of one's life, so too must its treatment. **Rewired** presents a breakthrough approach to fighting addiction and self-damaging behavior—by addressing the whole self. Author and addictions expert Erica Spiegelman demonstrates that by helping to build a healthy space to support one's own recovery, one can rewrite the negative behaviors that result in addiction. **Rewired** describes a holistic approach, helping to create a personalized treatment plan that is right for each person and usable in conjunction with or in place of 12-step programs.

\*



**Erica Spiegelman** is an author, recovery and wellness specialist, and motivational speaker who works with individuals, couples, and families on personal growth and overall wellness. Erica is a California State Certified Drug and Alcohol Counselor (CADAC)-II from UCLA. A regular contributor to online health outlets, TV news shows, and host of Rewired Radio on RadioMD, Erica also writes for Maria Shriver. Learn more about Erica by visiting her website [ericaspiegelman.com](http://ericaspiegelman.com).

## Also by Erica Spiegelman





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key titles

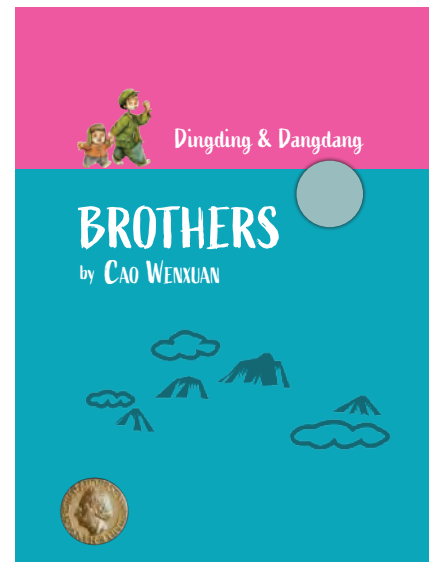
**Bestselling children's books by award-winning Chinese author Cao Wenxuan**

**Cao Wenxuan is the first Chinese author to have received (in 2016) the prestigious Hans Christian Andersen Award, often referred to as “the Nobel Prize of children’s literature.”**

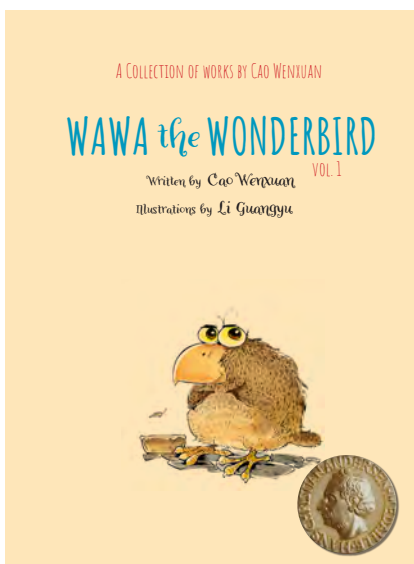
The International Board on Books for Young People’s jury noted that Cao writes beautifully about the complex lives of children facing great challenges. He is a deeply committed writer, whose own difficult childhood has profoundly influenced his writing, in which there are no easy answers.

A professor at Peking University and a member of the Chinese Writers Association’s national committee, Cao has penned more than fifty titles and is one of China’s most important and original children’s authors. His stories have been translated into many languages. Cao Wenxuan’s numerous accolades include the Chinese Government Award for Publishing (2013) and two Outstanding Book Awards from China’s General Administration of Press and Publication.

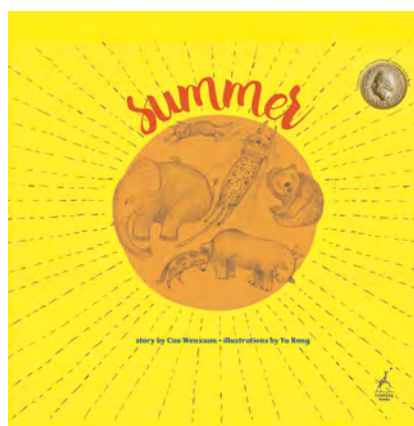
*Eunoia Publishing Group have published several of Cao Wenxuan’s titles with more in production.*



This the first in a seven book series outlining the sweet and sad adventures of Dingding and Dangdang. Another masterpiece by world-class storyteller, Cao Wenxuan.



First in a ten book series by Cao Wenxuan about a troublesome but loveable bird.



In the hot summer sun a group of animals are eagerly looking for a shady place to rest. From the 2016 Hans Christian Andersen Award Winner Cao Wenxuan



In poetic language, this book tells a story about understanding and tolerance. From the 2016 Hans Christian Andersen Award Winner Cao Wenxuan. 2016 Chen Bochui International Children’s Literature Award for Best Picture Book.

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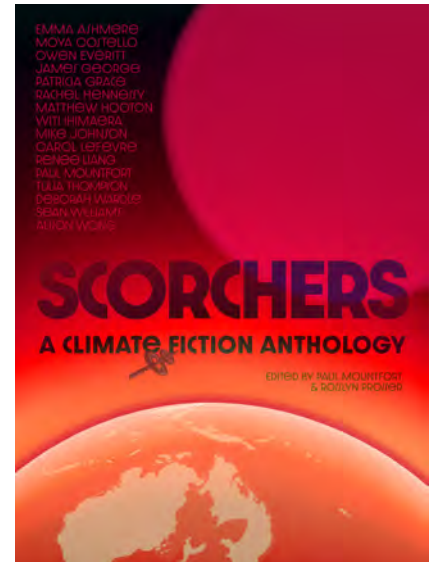
key titles



Sri Lankan Fusion cooking with drinks matching, keto, vegan, gluten free and more. Royalties pledged to NZ Brain Tumour Trust. Spring Harvest Winner in the Gourmand Cookbook Awards.



Hardback full colour children's picture book. Translated from Chinese.



A world first - Climate Fiction from award winning Australia and New Zealand authors.



A young woman with terminal cancer creates an imaginary hero to help her through her journey. Author Hilary Boyd sadly passed away shortly after the first edition of *The Length of a Wish* was published.



*Opening Little Boxes* is a series of reflections by three generations of a family living in one home during the COVID-19 lockdown. Foreword by Former Prime Minister of New Zealand Rt Hon Helen Clark. Chinese rights sold.

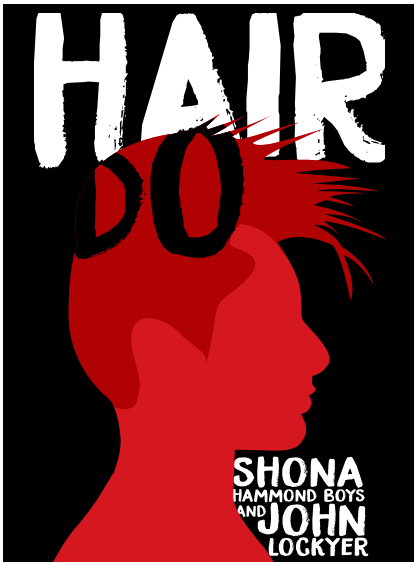


Award-winning and groundbreaking fantasy. 2015 RomCon Romanian SF&F National Convention, 2017 European Science Fiction Society CHRYSALIS Award, 2017 Colin Awards for professional writers Best Book Award.

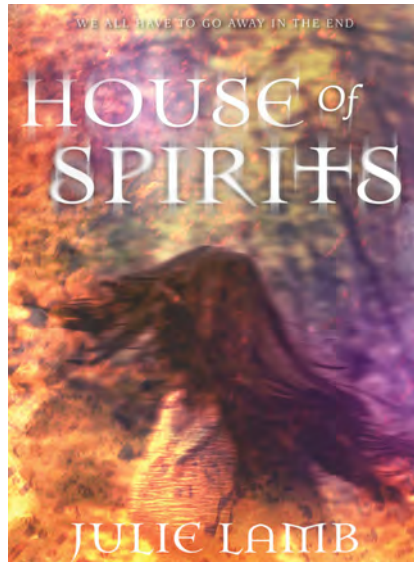


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key titles



*Hair Do* represents young creators searching for a place to develop their talents, especially from the indigenous Maori community of Aotearoa New Zealand. A fresh retelling based on the original story and short film.



*House of Spirits* is one teenage girl's journey to self-discovery and uncovering the mystery of death and her life.



*Moonzoo* is a fable for our times. Aliens taking the form of Elvis Presley and Antarctic explorer Roald Amundsen visit earth to buy the continent of Antarctica, asking human society to decide whether or not planet Earth should sell.



The first in a three book YA adventure sci-fi series about humans who have been genetically altered to create a new race of humans with super immunity, strength and flying ability. TV & Film Rights optioned. China & Russian Rights Sold.



Second in the *Generation Icarus* series. The group of mutant teens 'The Flight' must evade capture from corporate, government and religious groups.



The conclusion of the *Generation Icarus* series. 'The Flight' are being persecuted on social media. Meanwhile the threat of a global pandemic lurks on the horizon...

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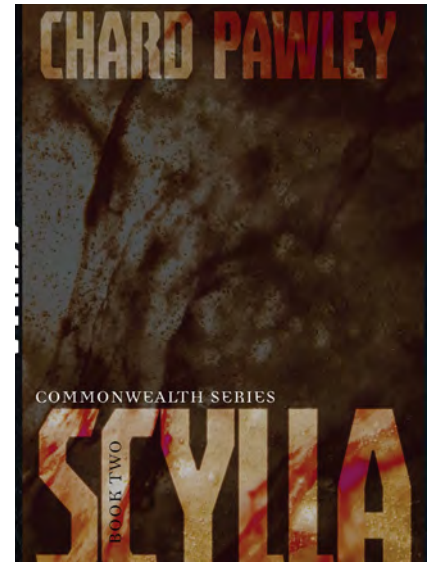
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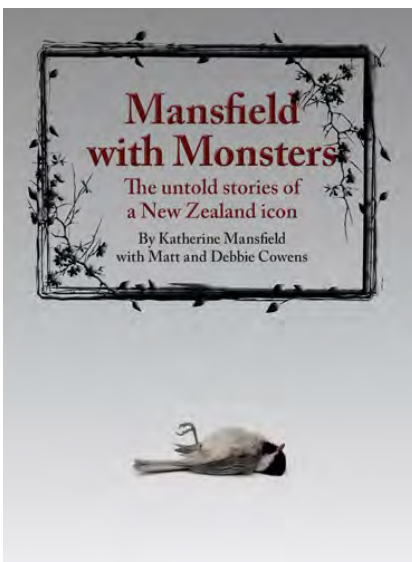
Best novella in 2012 SpecFicNZ



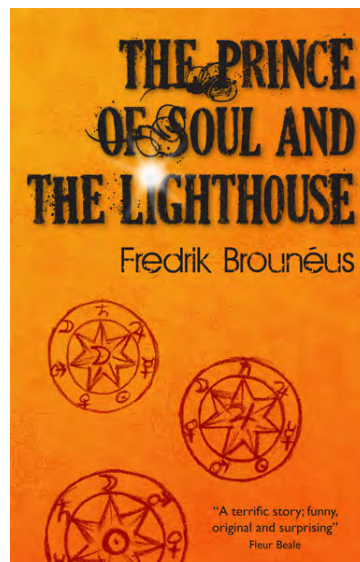
The first in the two book *Commonwealth Series*, *Orion* follows a ship's crew in a 2080 where Earth's remaining population is crammed into the last habitable lands on the globe.



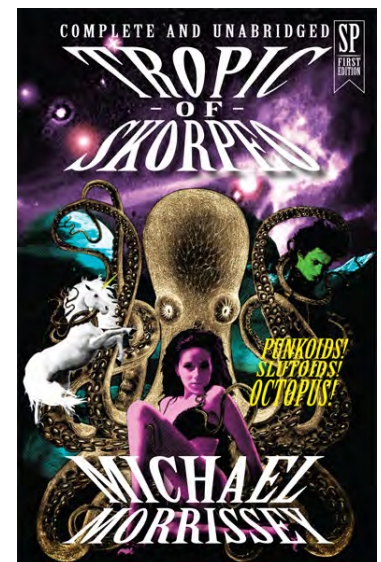
The second and final installment of the *Commonwealth Series*. It has all the makings of a dystopian action adventure on the high seas.



A spooky scary retelling of iconic Katherine Mansfield stories. Winner of the 2013 Sir Julius Vogel Award for best collected work. New Zealand Listener's 100 Best Books of 2012



A witty teenage adventure that looks at the big questions of life death and the human condition. Winner of the 2013 Sir Julius Vogel Award for best youth novel



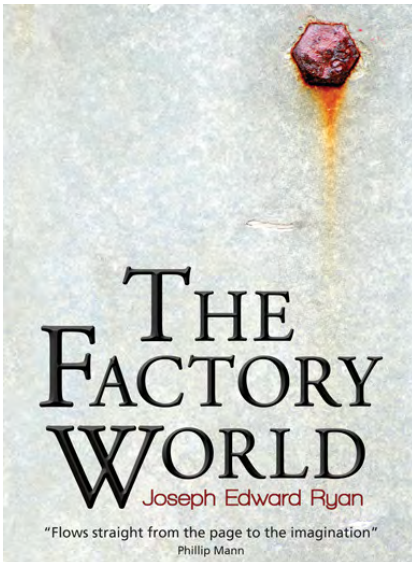
A sexy, silly, surreal satire set in outerspace. Shortlisted for the 2013 Sir Julius Vogel Award for best novel.

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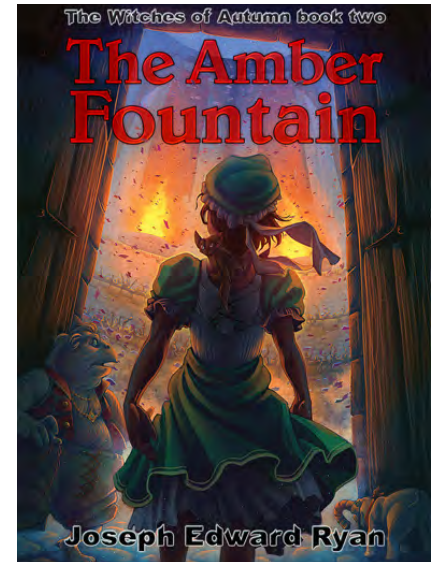
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Simon finds himself walking a railway track with a stranger who cannot remember his own name. Abandoned factories and eerie mannequins dot their path, falling stars sear holes through the earth to reveal a maze of pipes beneath.



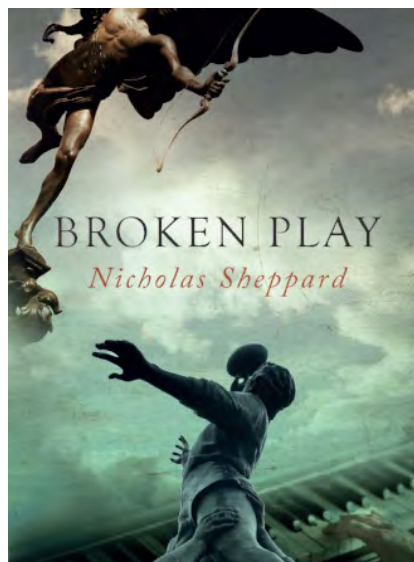
The first of two *Witches of Autumn* series, *The Glass Projector* follows tween witch Thistle on her adventures.



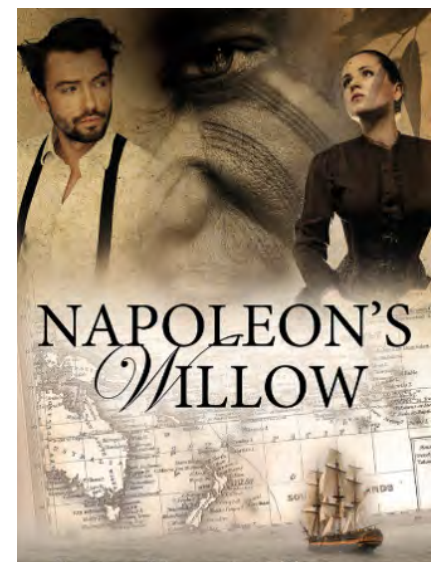
The Ghost Trials are looming, the war is still raging in the north, and Thistle still hasn't managed to figure out how to charm crows. And what's that we heard about a kraken?



*Island Legacy Trilogy* is a coming-of-age tale about two young girls, Madison Prescott and Skyla Hawke; one a real person and the other a fictional character from an unfinished manuscript. It is an epic saga divided into three stories.



*Broken Play* a young man's rise through the ranks of Rugby super stardom, all while coming to terms with his identity as a gay man. An important story told beautifully.



This novel explores not only an important chapter in New Zealand's colonial history, but also the emotional forces that drove the early settlers and pioneers to leave Europe for far-away, unknown corners of the world.

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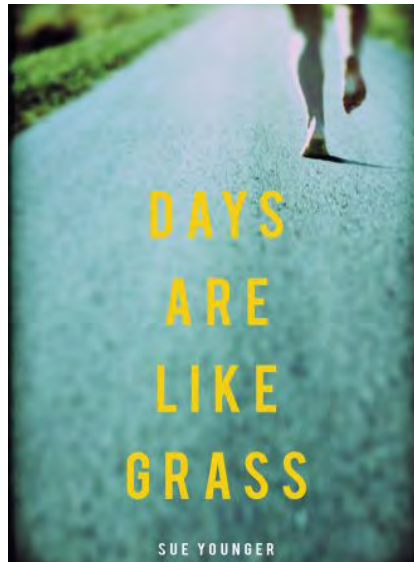


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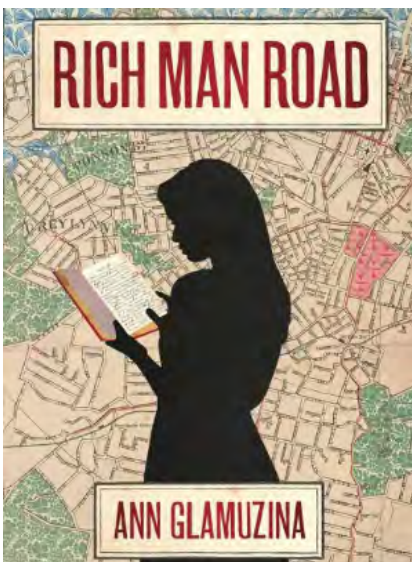
Selves within selves, a book within a book, hidden meanings and metaphors. This limited edition work is beautifully presented including hand crafted elements. *The Several Minds of Richard* is unlike anything you've seen before.



This is a novel about a woman caught between the past and the present. And about her need to keep everybody safe. Especially herself.



Imagine the flipside of *Empire of the Sun*. A German boy grows up in Shanghai's International Settlement in the shadow of World War II.



*Rich Man Road* is the story of two women immigrants to New Zealand and their interconnecting stories.



A death in the family creates seismic shifts in loyalty.



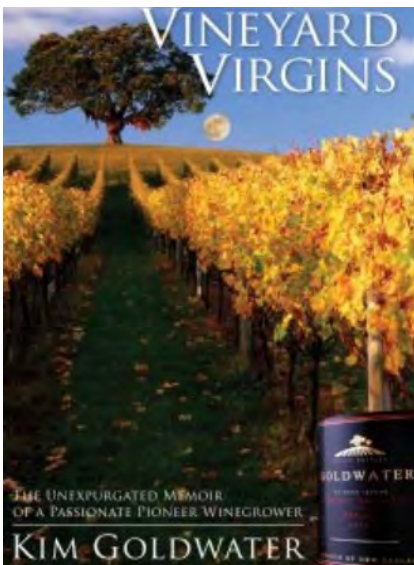
A work of chilling suspense, this psychological thriller journeys into the mind of a brilliant, witty, but disturbingly deceitful woman who uses an encrypted blog to communicate with her ex-lover, Callum.

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The story of how a couple of ingenuous and passionate middle-aged do-it-yourselfers succeeded in creating a world-renowned pioneer winegrowing enterprise on a small island on the wrong side of the planet.



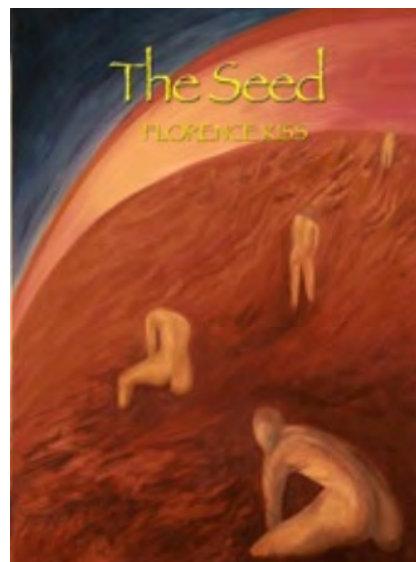
Abigail's world is full of colour and possibility – each day she explores new characters through creative outfits designed in her treehouse.



Natural catastrophes and imminent civil war early in the 21st Century destroyed New Zealand to the point where its only hope of survival lay in annexation by the USA.



In 16 short stories Carolyn Young skewers love, trust and commitment – and her delineating eye leads unerringly to that vital moment in relationships when fate hangs in the balance.



*The Seed* is the first and only English edition of Florence Kiss's prize-winning French novel 'Seuls'.



*The Spell of Morpheus* – a story of women and drugs in one New Zealand town – was adapted by author Julia Sutherland from her psychology thesis while she was a PhD student at Otago University.

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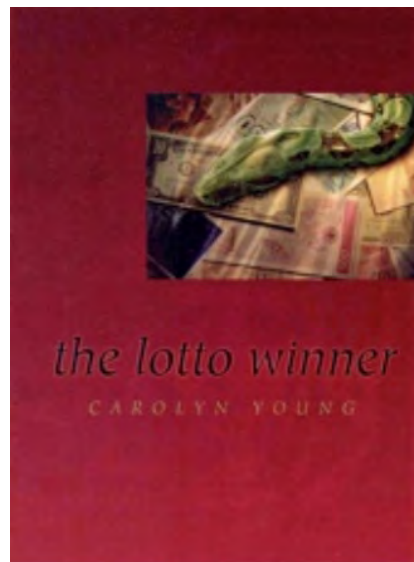


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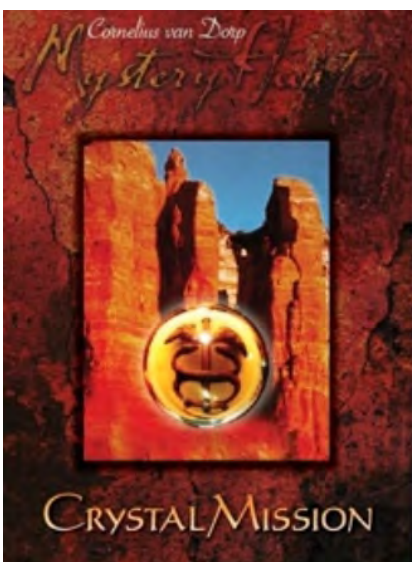
Jennifer McIntosh has woven valuable insights into this enchanting story of nine-year old Ayla and her elderly neighbour, Pearl. Winner of the Ashton Wylie Award - New Zealand Book Awards for writers of the Mind, Body & Spirit genre.



Bad debts, a family tragedy, and miserable marriage. New Zealand author Carolyn Young traces the fortunes of a "typical" Kiwi family after just such a stroke of luck.



Peace and the healing practices of body, breath, and intimacy.



Assisted by Hopi, Mayan, Australian Aboriginal and New Zealand Maori wisdom-keepers, Crystal Mission becomes an exploration into the history of Planet Earth.



A sequel to *Crystal Mission*, *Trail of the Hawk* is a fascinating 8,000-mile trip undertaken by four New Zealanders and a Choctaw guide around the Native American nations.



A continuation of his previous two works van Dorp takes readers on an autobiographical spiritual journey.

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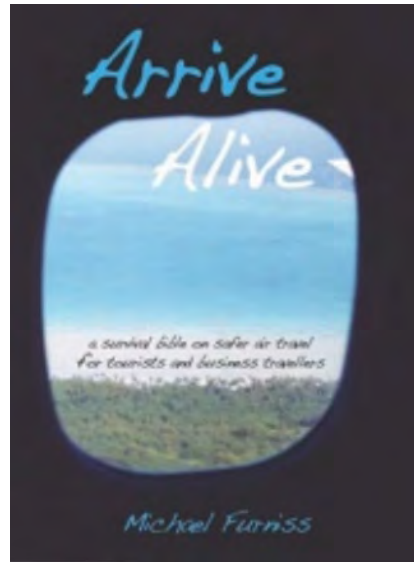


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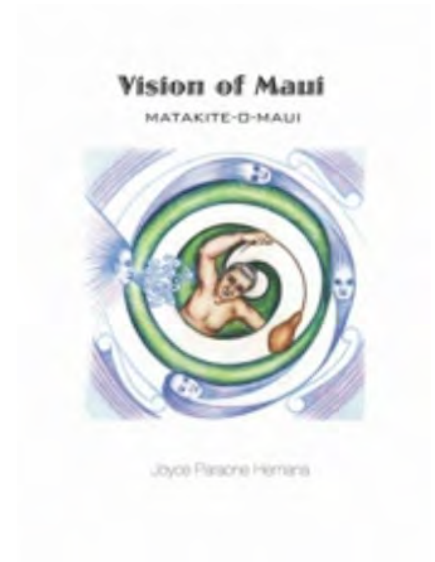
*key titles*



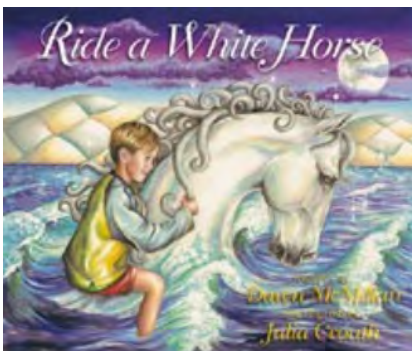
The story of Lara Englewood, a French actress, and her romance with a New Zealand writer.



A survival bible on safer air travel for tourists and business travellers.



An introduction to ancient Maori divination practices.



A beautifully illustrated children's book for kids aged five to nine years old. When the wind blows across the firth, the white horses rear up and gallop into the night.

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*I'll Fly Away* uses Francisco's invented lexicon as the palette to paint an intimate portrait of Black life in America — one that praises joy and grace without shying away from the hard truths confronting all of us today.

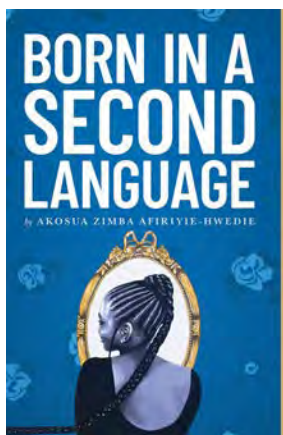
Paperback | 5.5 x 8.5 | 144 pages | Released: December 08, 2020  
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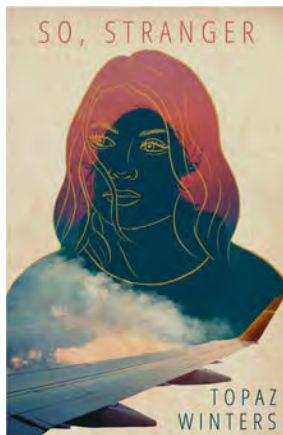
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